

Appendix 1

PROGRAMME FOR GOVERNMENT 2018-19: ADDITIONAL INVESTMENT IN SERVICES TO REDUCE PROBLEM DRUG AND ALCOHOL USE

2018-2021 INVESTMENT PLANS AND REPORTING

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Whole family approaches to supporting those affected by problem drug/alcohol use	Outcome 1 Outcome 2 Outcome 4 Outcome 6	There is currently no dedicated service which supports families in their own right in Dumfries and Galloway. There is also no peer family support network in the region	To develop a Family Support Service which will include setting up local peer groups across D&G	Year 1: £90,000 Year 2: £90,000 Year 3: £90,000	Year 1 Develop service specification, tender service and implement new service Year 2. Monitor service provision to ensure it is meeting the needs of families Year 3 Monitor service provision to ensure it is meeting the needs of families. Service evaluation conducted
<p>Further information</p> <p>A Family Support Service which will respond to the specific needs and challenges of families who are affected by problem drug/alcohol use. The service will also develop peer led family support groups, facilitate advocacy for families and facilitate training in family inclusive practices for partner organisations. It is envisaged that this service will be provided by either a Third Sector Service or an appropriate service with experience of developing and delivering Family Support Services.</p>					

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
<p>Improved retention in treatment particularly those detoxed from alcohol and those accessing OST</p> <p>Reduce waiting times for treatment and support services. Particularly waits for opioid substitution therapy (OST)</p>	<p>Outcome 1 Outcome 4 Outcome 5 Outcome 9</p>	<p>Pressures within Primary Care have resulted in increasing numbers of GP practices withdrawing from the Local Enhanced Service, resulting in an increased pressure within the NHS Specialist Drug and Alcohol Service.</p>	<p>To provide pharmacist sessions for long term management of patients receiving OST and to provide a 0.6 WTE lead pharmacist in Addictions for Dumfries and Galloway</p>	<p>Year 1: £61,400</p> <p>Year 2: £61,400</p> <p>Year 3: £61,400</p>	<p>Year 1. Pharmacists identified, Service Level Agreement developed and implementation of service model, baseline data established.</p> <p>Year 2. Ongoing monitoring of numbers accessing pharmacist prescribers and outcomes monitored</p> <p>Year 3 Client evaluation conducted</p>

Further information

The proposed delivery model will see the development of a service provided by pharmacists with a special interest in addictions providing a community-based prescribing service similar to the Local Enhanced Service. OST clinics will support long term service users to access treatment locally and will provide a treatment model which is sustainable. Implementing this model will ensure service delivery to a group of patients who it is recognised experience Health Inequalities and significant barriers to accessing appropriate health care. A monitoring framework will be developed to determine the numbers, demographics and outcomes of those accessing the pharmacists.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Continued development of recovery communities Increased involvement of those with lived experience of addiction and recovery in the evaluation, design and delivery of services	Outcome 1 Outcome 3 Outcome 8 Outcome 9	There is a lack of help for those with lived experience within recovery communities to move on into work. ADP have identified that the Addiction Worker Training Programme (AWTP) will enable those in recovery to gain training, experience and a SVQ to gain meaningful employment.	To provide unemployed individuals with a history of drug and alcohol problems a route into employment	Yr 1 £31,000 Yr 2 £31,000 Yr 3 £31,000	Individuals will be given placements within health and social care services and will gain a SVQ level 2 in social services and health care.

Further Information

The AWTP is provided by Scottish Drugs Forum and is an award-winning program that offers former drug and alcohol users the opportunity to gain supported work experience and a qualification whilst receiving a wage for the duration of the course. Trainees must be at least two years free from illicit drug use, substitute prescribing and problematic alcohol use to apply to join the course.

Scottish Drugs Forum works in partnership with accredited learning providers and alongside drug and alcohol services to provide the training for the students, who include people who were formerly homeless and ex-offenders who have previously experienced multiple barriers to employment. It is also envisaged that the trainees will also be able to contribute to the evaluation and design of services.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
<p>Increased involvement of those with lived experience of addiction and recovery in the evaluation, design and delivery of services</p> <p>Whole Family approaches to supporting those affected by problem drug /alcohol use</p>	<p>Outcome 4 Outcome 8 Outcome 9</p>	<p>There is currently no robust local evidence which determines the needs of Children and Young People with drug and alcohol problems, Looked After Children experiencing issues with drugs & alcohol and CAPSM Young Carers and their families. There is currently a statutory service for C & YP and a Third Sector YC service for CAPSM children but there is no overall understanding of the wider issues for all children, YP and their families.</p>	<p>To commission an independent needs assessment to determine the gaps in service provision for children and YP.</p> <p>The result of this needs assessment will inform the development of any new services or redesign of services. These may be Third Sector or NHS.</p>	<p>Yr 1 £20,000 needs assessment – 9 months</p> <p>£25,000 Young Carers CAPSM project grant award for 1 year. Until March 2020</p> <p>Yr 2 £100,000</p> <p>Yr 3 £100,000</p>	<p>The results will determine what services are required for years 2 and 3.</p>
<p>Further Information</p> <p>It is proposed that this needs assessment will provide robust findings which will allow ADP to commission a service or put in place dedicated workers who will support the needs of Children and YP who are affected by their own or someone else's drug or alcohol problem. The service(s) or workers may be NHS/Council or Third Sector posts determined by the outcome of the needs assessment. The grant award by ADP for the Young Carers project for CAPSM ends on 31st March 2019. It was agreed at the ADP meeting to no longer fund this project from April 2019; however this could potentially affect service delivery for CAPSM in the short term. It is proposed that the grant be extended to 2020 while the needs assessment is undertaken.</p>					

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
<p>Improved retention in treatment particularly those detoxed from alcohol and accessing OST</p> <p>Reduce waiting times for treatment and support services, particularly waits for opioid substitution therapy (OST).</p>	<p>Outcome 1 Outcome 4 Outcome 5 Outcome 9</p>	<p>The NHS Specialist Drug and Alcohol Service provides a region wide service. The main challenges being in providing equitable access due to the rurality of the region, the limited medical resource of a lone consultant post based in Dumfries and the reduction in provision when the lone consultant post is unavailable through leave, training or additional commitments.</p>	<p>To provide sustainable clinical cover across the whole NHS specialist drug and alcohol service, especially during reduced medical cover, by the introduction of two Advanced Nurse Practitioner (ANP) posts within the Specialist Drug and Alcohol service (SDAS).</p>	<p>Year 1 £31,000</p> <p>Year 2 £31,000</p> <p>Year 3 £31,000</p>	<p>Improved retention in treatment. Waiting times for O R T prescribing reduced</p>

Further Information

One post will cover the West of Dumfries and Galloway and the other covering the East of Dumfries and Galloway. The posts will be created from two existing Band 6 posts within the service undertaking the two-year training commitment and securing Band 7 ANP posts on completion. The funding will allow for a band 5 staff nurse 37.5 hours per week for year 1 and 2 to support the release of the staff to undertake the ANP Master's programme. Year 3 will see costs of £20,000 for the re-banding of the Band 6 posts to band 7. The NHS SDAS will assume ongoing costs for the re- banding from year 4 onwards.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Continued development of recovery communities Development of Advocacy Services	Outcome 1 Outcome 2 Outcome 3 Outcome 4 Outcome 5	There is not a robust network of recovery communities across D&G	To develop and support recovery communities across D&G, by developing 1.5 Recovery communities coordinator posts.	Year 1 £90,000 Year 2 £90,000 Year 3 £90,000	Recovery communities are established, supported and sustained. Increased number of new recovery groups.
<p>Further Information The post in the East will cover Annandale and Eskdale, Nithsdale and Stewartry, with the part time West post covering Wigtownshire. The posts will be based with either Third Sector Provider or appropriate service with the experience of developing and working with recovery communities.</p>					

Investment Area	Nat. Health & Well Being	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
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	Outcomes				
Continued development of recovery communities	Outcome 1 Outcome 4 Outcome 6	There is currently no funding to support existing and new recovery communities. Funding will allow individuals and recovery communities to develop a sustainable recovery network and provide funding for various activities that support recovery	To provide a fund that allows individuals with drug and alcohol problems and recovery groups to access activities, buy materials, pay for room hire etc.	Year 1 £50,000 Year 2 £0 Year 3 £0	Management information to include monitoring of activities funded and how these have improved recovery outcomes for individuals and groups.

Further Information

Recovery groups in D&G have failed in the past due to lack of funding support which allows groups to access a variety of activities which aid their continued recovery. Recovery group meetings have fell by the wayside in the past due to no available funding. This fund will be managed by a local Third Sector provider who will govern the applications and will provide administrative support. Decisions on funding will be made by a select panel from ADP Support Team, NHS SDAS and Third Sector.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Broaden the	Outcome 1	To support a safe night	To continue to grow	Yr 1	An increase in the

delivery of key activities to reduce harm	Outcome 5 Outcome 7	time economy for all which encourages responsible drinking and reduces alcohol related harm.	the Best Bar None Scheme in Dumfries and Galloway. To establish initiatives, such as media campaigns, taxi marshals and inputs to festivals.	£10,000 Yr 2 £10,000 Yr 3 £10,000	number of premises participating in the BBN Scheme. Establish prevention initiatives aimed at a whole population approach.
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Further Information

BBN ensures that all premises have initiatives and procedures in place to improve community safety, encourage responsible drinking, and reduce alcohol related antisocial behavior and crime. Seasonal media campaigns highlighting responsible drinking. Resources for festivals and other local initiatives around education.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Improved access to drug/alcohol	Outcome 1 Outcome 3 Outcome 5	NHS D&G has not achieved the LDP target for ABIs for two	To provide additional funding to conduct	Yr 1 £29,603	To achieve the annual LDP standard

treatment services		consecutive years. Primary care remains a main challenge	ABI within priority settings. This will result in a significant increase in the delivery of ABIs within the priority settings	Yr 2 £27,103 Yr 3 £27,103	
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Further Information

Despite a huge effort and consultation with a range of professionals over the past two years, ABIs remain a challenge for ADP. It is anticipated that by the money identified will be used to work with health and wellbeing teams and public health practitioners to help achieve the LDP target. A number of other options will be examined including working with Locality manager in an effort to increase the numbers conducted.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Improved access to drug/alcohol treatment services	Outcome 1 Outcome 3 Outcome 5	To encourage those within the criminal justice system to seek treatment for drug/alcohol addiction.	To establish an Arrest Referral service within the Dumfries and Galloway area	Yr 1 £27,500 Yr 2 £25,000	The numbers referred to NHS Specialist Drug and Alcohol Services

				Yr 3 £25,000	
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Further Information

It is anticipated that this would be a limited service engaging with those in police custody and would be offered as an 'add on' to the region wide contract when it is awarded in April 2019. This would offer greater economies of scale and would be more cost effective than commissioning a standalone Arrest Referral Service. The anticipated investment will be confirmed following discussions with the successful service provider.

Investment Area	Nat. Health & Well Being Outcomes	Key Challenge	Proposal & Intended Outcome	Anticipated Investment	Anticipated Investment Measure - Progress
Broaden the delivery of key activities to reduce harm Increased involvement of	Outcome 5 Outcome 9	To ensure that the ADP Support Team has sufficient resources to complete the work that will flow from the approved 2018-2021 Investment	To recruit a fixed term Support Officer post within the ADP Support Team, to provide greater resilience within the Team	Yr 1 £38,000 Yr 2 £38,000 Yr 3	Work is completed to implement system change and deliver new models of care which include new approaches to delivering services.

those with lived experience of addiction and recovery		Areas.		£38,000	<u>This proposal has not yet been agreed by the ADP Executive Group and further information around current staff work load has been requested.</u>
<p>Further Information This would be a fixed term 0.8 WTE Grade 6 post for 3 years with the possibility of extension, dependent upon funding</p>					