

Combined Action Plan (Carers Strategy, Programme Board, Feeling Supported Actions)

Carers Strategy Outcome	Area of Focus in the Carers Strategy	Carers Strategy Actions	Horizon Plan Actions Year 1 -3	Feeling supported Work	Key progress
Outcome 1 – Carers are able to access the services they need to continue in their caring role	Carer involvement in: <ul style="list-style-type: none"> planning services for Carers, hospital discharge care planning 	<p>Involve Carers in discharge planning following or during the Multi Disciplinary Team (MDT) meetings</p> <p>Carers are involved in the design and preparation of Care Plans with Community Nursing</p> <p>Involve Carers in discussions relating to Self Directed Support planning and refer Carers to Carer Organisations for information and advice</p>	Spread learning from Carer involvement in hospital discharge to all cottage hospitals		<p>Recruitment underway for a Carer Facilitator to support Carer involvement in Acute hospital discharge</p> <p>Carer involvement is measured as part of Care Experience</p>
	Eligibility criteria to support Carers to access support	Design eligibility criteria for Carers in Dumfries and Galloway	Develop guidance for Social Work Staff on how to implement the requirements of the Carers (Scotland) Act 2016		<p>Eligibility Criteria in place</p> <p>Guidance in draft – awaiting committee approval</p>
	Carer Positive	Promote the Carer	Support NHS		NHS Dumfries and

	Award	Positive Award	Dumfries and Galloway to gain Carer Positive Established Level. This is level 2 out of 3 levels.		Galloway have achieved Established level
	Young Carers in Dumfries & Galloway	Young Carers are identified, included and supported in schools and through other Children and Families Services			See performance information
Outcome 2 - Carers are able to access planned short breaks when they need them	Strategy Short Break Statement	Develop a Short Break Statement for Dumfries & Galloway			Short Break Statement completed.
	Short Break Opportunities	Dumfries & Galloway wide review of short breaks for Carers Promotion of short break funding opportunities for Carers through Carer Organisations	Develop a market shaping strategy for short breaks that will align with a facilitation plan for the Strategic Commissioning Plan Implement the Short Breaks Market Shaping Strategy		Review of Short Breaks is underway with plans to hold an event in the new year to seek Carers views on what could be done differently Dumfries and Galloway are involved in a National Think Tank to develop a market shaping guidance

Outcome 3 – Carer have maintained or improved their level of health and well-being	Young Carers Health & Wellbeing	Ensure that Young Carers have access to health advice and information			See performance information
		Deliver health and well-being activities to Young Carers at Young Carers Groups			See performance information
	Carers Health & Wellbeing	Signposting and supporting Carers to access activities and initiatives that help to maintain and/or improve their health and well-being			See performance information
Outcome 4 – Carers receive the information and advice they need when they need it	Information and Advice Services for Carers	Provide an information and advice service for Carers	Re-commission Carers Support Services Evaluate changes in Carers Support Services following the 2019/20 re-commissioning	Review commissioned Carer Support Services.	The IJB issued a direction to commission these services at their meeting on 25 September 2019
	Emergency care planning and future care planning for Carers	Raising awareness of and promotion of the Emergency Card and Young Carers Card to help plan for emergencies			See performance information

		Anticipatory care planning for Carers will be rolled out across Dumfries and Galloway			This is part of the wider campaign in Dumfries and Galloway
	Carer Identification	Apply a multidisciplinary approach to raising awareness of Carers to enable early identification of unpaid Carers and signposting Carers to appropriate support in their own right	Increase awareness and understanding of Carers within operational teams.		This is the expected outcome of staff undertaking Carer Awareness Training
		Promote Carer Aware on line EPIC training to staff teams Alter documentation across the Partnership that helps to identify Carers from the first contact with services	Promote the updated Carer Awareness Training e learning modules for operational staff		The newly updated Carer Awareness modules have not yet been released from SSSC and NHS Scotland. Once these have been released then these will be promoted across the partnership
	Young Carer Cards	Raise awareness of the Young Carers Card and encourage Young Carers to have			See performance information

		a Young Carers Card			
	Holistic approaches to supporting Young Carers	Work in partnership with schools to raise awareness of Young Carers needs			Drop in services to support Young Carers in schools
Outcome 5 – Carers feel supported in their caring role	Adult Carer Support Plans	Offer Carers an Adult Carer Support Plan if they would like one	Review Adult Carer Support Plans based on best practice across Scotland Review all Carers who currently receive support who were previously assessed using a Carers Assessment and offer an Adult Carer Support Plan or Young Carers Statement		This will be reviewed once the new contract is awarded
	Young Carer Statements	Offer all Young Carers are offered Young Carer Statement if they would like one			See performance information
	Seamless Transition for Young Carers from children and young people's services to	Ensure processes for transition from children's to adult services are in place for Young Carers			Young Adult Carer project supports this transition

	adult services				
Impacting on all 5 outcomes			Develop an Information Sharing Protocol between Carers Organisations, NHS Dumfries and Galloway and Dumfries and Galloway Council		Will be developed with the successful organisations following the Carer Support Services Tender
			Revise and update the Dumfries and Galloway Carers Strategy (2017 – 2021)		Work will commence on this revision in summer 2020
			Undertake an information and advice communications plan for Carers in partnership with the Carers Organisations following the recommissioning undertaken in 2019/20	Carer Awareness Campaign	This is planned to launch with the new Carers Support Services once they have been commissioned
			Support the IJB in developing a 'commissioning intention' in relation to supporting Carers		Suggested 'commissioning intentions' are being developed

			Support more Carers to undertake their Caring role using digital technologies		Carers are being offered support services by Attend Anywhere
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