



Dumfries and Galloway
Integration Joint Board

23rd September 2020

This Report relates to
Item 8 on the Agenda

Dumfries and Galloway Integration Joint Board Plan for Palliative Care

Paper presented by Vicky Freeman

For Approval

Author:	Liz Forsyth, Palliative Care Project Lead
List of Background Papers:	Strategic Framework for Action on Palliative and End of Life Care Palliative and End-of-life Care by Integration Authorities: Advice Note
Appendices:	Appendix 1 The Dumfries and Galloway Integration Joint Board (IJB) Plan for Palliative Care

Direction Required to Council, Health Board or Both	Direction to:	
	1. No Direction Required	
	2. Dumfries and Galloway Council	
	3. NHS Dumfries and Galloway	
	4. Dumfries and Galloway Council and NHS Dumfries and Galloway	x

1. Introduction

- 1.1 This paper seeks the approval of the Integration Joint Board (IJB) for the Dumfries and Galloway IJB Plan for Palliative Care.

2. Recommendations

2.1 The Integration Joint Board is asked to:

- **Approve the Dumfries and Galloway Integration Joint Board Plan for Palliative Care**

3. Background and Main Report

3.1 Palliative care is:

- care and support for people who have serious life limiting illnesses
- the period from diagnosis of a life limiting illness until death, including care in the last days of life
- support that enables people to live as well as possible, for as long as possible whether that is for hours, days, months or years
- support for Carers, family and loved ones of all ages including bereavement support

3.2 The Scottish Government Strategic Framework for Action on Palliative and End of Life Care 2016-2021 (The Framework) sets the direction for palliative care across Scotland.

3.3 The national Framework sets out an approach and a shared vision for people in Scotland where “by 2021 everyone who needs palliative care will have access to it”.

3.4 The Macmillan Cancer Pathways and Palliative Care Improvement Project (MIP) is a 23 month programme being delivered as a partnership between the Dumfries and Galloway Health and Social Care Partnership and Macmillan Cancer Support. This project has supported the development of the local Plan for Palliative Care.

3.5 The Dumfries and Galloway IJB Plan for Palliative Care has been developed within the framework of the national document and informed by people and communities within Dumfries and Galloway with experience of receiving or delivering palliative care and support. A full statement of consultation is included as Appendix 1 within the Plan.

3.6 The Plan identifies a Public Health approach to end of life care that:

- Views the community as an equal partner in the long and complex task of providing quality healthcare at the end of life” (Public health Palliative Care International, 2019)

- Makes the best use of assets including the skills, capacity and knowledge of families, friends, Carers and communities and builds resilience.

3.7 The Plan highlights existing and emerging initiatives and outlines potential future developments that seek to ensure that people requiring palliative care and support are

- identified at an early stage
- encouraged and enabled to express their wishes and preferences
- able to access high quality, effective care and support
- enabled to live and die well with dignity in their preferred place of care
- supported to have greater choice and control to make informed decisions about their own care.

4. Conclusions

4.1 This is the first plan for palliative care for Dumfries and Galloway. It sets a direction of travel and describes at a tactical level, an approach for palliative and end of life care and support that is robust and resilient for those people who use and provide it

4.2 The Plan places an emphasis on working with communities and people as equal partners to achieve the best possible outcomes.

5. Resource Implications

5.1 None at this time. Resource needs will be identified as work to implement the Plan progresses

6. Impact on Integration Joint Board Outcomes, Priorities and Policy

6.1 The outcomes of the plan are in line with the nine national outcomes, however it is most relevant to:

- *“People who use health and social care services have positive experiences of those services, and have their dignity respected”*
- *“Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services”*
- *“People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and wellbeing”*
- *“People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide”*

6.2 The plan aligns with all 10 priority areas of focus within the IJB Health and Social Care Plan (2018-2021) but is most relevant to:

- *Enabling people to have more choice and control*
- *Supporting Carers*
- *Shifting the focus from institutional care to home and community based care*

- *Reducing health inequalities*

7. Legal and Risk Implications

- 7.1 The IJB face considerable demographic, workforce and economic challenges. Recognising the need to plan future palliative care and support will significantly impact on the Health and Social Care Partnership's ability to sustain services and deliver change at the pace required to address challenges more broadly.
- 7.2 Exploring and testing emerging opportunities, initiatives and funding sources to address increasing demand is needed to sustain future palliative care and support.
- 7.3 Workforce (including volunteers and Carers) skills and capability are key to the success of the model of palliative care and support in Dumfries and Galloway. Providing people with the right knowledge and skills to support people in receipt of palliative care will result in improved outcomes and a better experience of care.

8. Consultation

- 8.1 During the development of this Plan, representatives of Dumfries and Galloway Integration Joint Board, Dumfries and Galloway NHS Board, Dumfries and Galloway Council, Health and Social Care Senior Management Team, Integration Joint Board Strategic Planning Group, Third and Independent Sectors were involved in the consultation.
- 8.2 A full statement of consultation is included as Appendix 1 within the Plan.

9. Equality and Human Rights Impact Assessment

- 9.1 An Equalities Impact Assessment (EQIA) has been completed during the development of the Plan with support from a range of appropriate partners. It was completed on the 19th November 2019 and is attached at Appendix 3 of the Plan.

10. Glossary

10.1 .

EQIA	Equalities Impact Assessment
IJB	Integration Joint Board
MIP	Macmillan Cancer Pathways and Palliative Care Improvement Project

Dumfries and Galloway Integration Joint Board



DIRECTION

(ISSUED UNDER SECTIONS 26-28 OF THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014)

1.	Title of Direction and Reference Number	Implementation of the IJB Plan for Palliative Care
2.	Date Direction Issued by Integration Joint Board	
3.	Date from which Direction takes effect	
4.	Direction to	Dumfries and Galloway NHS Board and Dumfries and Galloway Council
5.	Does this direction supersede, amend or cancel a previous Direction? If yes, include the reference number(s)	No
6.	Functions covered by Direction	<p>Excepting the exemptions as laid out in the Dumfries and Galloway Scheme of Integration, and specific to the areas of Palliative care and support where relevant</p> <ul style="list-style-type: none"> • All functions of Health Boards conferred by, or by virtue of, the National Health Service (Scotland) Act 1978 • All functions of Health Boards conferred by, or by virtue of, the Community Care and Health (Scotland) Act 2002 • The Social Work (Scotland) Act 1968(3) • The Adults with Incapacity (Scotland) Act 2000(6) • Disabled Persons (Services, Consultation and Representation) Act 1986(5)
7.	Full text of Direction	Dumfries and Galloway NHS Board and Dumfries and Galloway Council are asked to take forward and implement the IJB Plan for

		Palliative Care through established structures within the Partnership where they exist and/or establishing them where they do not to provide an appropriate level of oversight and operational level governance
8.	Budget allocated by Integration Joint Board to carry out Direction	The strategy must be delivered within resources previously allocated out from the IJB to support service delivery
9.	Desired Outcomes	The measures used to determine outcomes are noted within the body of the strategy
10.	Performance Monitoring Arrangements	As laid out in detail in the 'Making It Happen' section of the strategy document Reported through the IJB Performance Management Framework including the Annual Performance Report of the IJB
11.	Date Direction will be Reviewed	September 2021