

Dumfries & Galloway Carers Strategy Delivery Plan 2017 -2021

This is a delivery plan to support the areas of focus contained within the Dumfries & Galloway Carers Strategy 2017 – 2021. This is a live document and will be updated by the ‘responsible person/team and reviewed every six months by the Carers Programme Board.

The delivery plan will be used to measure progress against the outcomes in the Carers strategy.

Outcome 1 – Carers are able to access the services they need to continue in their caring role

Area of Focus in the Carers Strategy	Actions	Who?	Where?	Responsible Person/ Team	Measures	Timescale for completion/ Review Date
Carer involvement in: <ul style="list-style-type: none"> planning services for Carers, hospital discharge care planning 	<p>Involve Carers in discharge planning following or during the Multi Disciplinary Team (MDT) meetings</p> <p>Carers are involved in the design and preparation of Care Plans with Community Nursing</p>	Carers of people who are in hospital	Acute and Community Hospitals in Dumfries & Galloway	Nurse Manager/Senior Charge Nurse/ Flow Co-ordinators	<p>No. of Carers who state they feel involved in</p> <ul style="list-style-type: none"> Planning services Discharge planning 	1 st April 2018
	<p>Involve Carers in discussions relating to Self Directed Support planning and refer Carers to Carer</p>	Carers of people who have social care needs	Dumfries & Galloway	Social Work Locality Team Managers		

	Organisations for information and advice Involve Carers in planning services for Carers through discussion either individually or in a group setting	Carers Reference Group/ Locality Group/Community of interest groups	Dumfries & Galloway	Locality Teams/Strategic Planning & Commissioning/ Third Sector Organisations		
Eligibility criteria to support Carers to access support	Design eligibility criteria for Carers in Dumfries and Galloway	Carers across Dumfries & Galloway	Dumfries & Galloway	Strategic Planning and Commissioning Manager - Carers	Criteria is developed	Draft Criteria by Dec 2017. In place for 31 st March 2018
Carer Positive Award	Promote the Carer Positive Award	Employers	Dumfries & Galloway	Health and Well-being Specialist	Number of new Carer Positive Awards gained in Dumfries & Galloway	To be confirmed
Young Carers in Dumfries & Galloway	Young Carers are identified, included and supported in schools and through other Children and Families Services	Carers aged under 18	Dumfries & Galloway	Children & Families Social Work Team Integrated service leads across statutory/third and Independent Sector.	No. of Young Carers identified and offered support. No. of Young Carers who state they feel more supported	2018/19

Outcome 2 - Carers are able to access planned short breaks when they need them

Area of Focus in the Carers Strategy	Actions	Who?	Where?	Responsible Person/ Team	Measures	Timescale for completion/ Review Date
Short Break Statement	Develop a Short Break Statement for Dumfries & Galloway	For all Carers and the people they care for	Across Scotland	Strategic Planning and Commissioning Manager - Carers	A short break statement is available for people	1 December 2018
Short Break Opportunities	Dumfries & Galloway wide review of short breaks for Carers	For all Carers and the people they care for	Dumfries & Galloway	Strategic Planning and Commissioning Manager - Carers /Social Work Locality manager	Number of short breaks provided	Aug 2018
	Promotion of short break funding opportunities for Carers through Carer Organisations	Carers of all ages	Dumfries & Galloway	Carer Organisation Leads	Impact on Carer and their caring role	Dec 2017

Outcome 3 – Carer have maintained or improved their level of health and well-being

Area of Focus in the Carers Strategy	Actions	Who?	Where?	Responsible Person/ Team	Measures	Timescale for completion/ Review Date
Young Carers Health & Wellbeing	Ensure that Young Carers have access to health advice and information	Young Carers under 18 years	In schools across Dumfries and Galloway	NHS School Nurses	Number of Young Carers accessing school health services	2019
	Deliver health and well-being activities to Young Carers at Young Carers Groups	Young Carers 7-18 years	Carers Centre across the region	Carers Centre/Young Carers Project Leads	Number of Young Carers attending Young Carers Groups	June 2018
Carers Health & Wellbeing	Signposting and supporting Carers to access activities and initiatives that help to maintain and/or improve their health and well-being	All Carers	Localities across Dumfries & Galloway	Locality Managers	Number of Carers accessing support and activities Impact on Carer and their caring role	June 2018

Outcome 4 – Carers receive the information and advice they need when they need it

Area of Focus in the Carers Strategy	Actions	Who?	Where?	Responsible Person/ Team	Measures	Timescale for completion/ Review Date
Information and Advice Services for Carers	Provide an information and advice service for Carers	All Carers	Dumfries & Galloway	Strategic Planning & Commissioning (Health & Social Care and Children, Young People and Life Long Learning)	Number of Carers accessing information and advice services	1 April 2018
Emergency care planning and future care planning for Carers	Raising awareness of and promotion of the Emergency Card and Young Carers Card to help plan for emergencies	All Carers	Dumfries & Galloway	Locality Managers/Carer Organisation Leads	Number of Emergency Card/Young Carers Cards issued/completed. No. of Forward Looking Plans completed	June 2018
	Anticipatory care planning for Carers will be rolled out across Dumfries and Galloway	All Carers	Dumfries & Galloway	Relevant service Managers	No of Anticipatory Care Plans completed for Carers	Dec 2018
Carer Identification	Apply a multidisciplinary	All Carers	Across Dumfries and Galloway	Relevant Service	Number of Carers	June 2018

	approach to raising awareness of Carers to enable early identification of unpaid Carers and signposting Carers to appropriate support in their own right			Managers	identified Number of referrals to support services	
	Promote Carer Aware on line EPIC training to staff teams Alter documentation across the Partnership that helps to identify Carers from the first contact with services	Health and Social Care staff Health and Social Care staff	Dumfries & Galloway Dumfries & Galloway	Relevant Service Managers	Number of Carers identified Number of referrals to support services	June 2018
Young Carer Cards	Raise awareness of the Young Carers Card and encourage Young Carers to have a Young Carers Card	Young Carers 7-18 years	In each Locality across Dumfries and Galloway	Carers Centre/Young Carers Project Leads	Number of Young Carers who have a Young Carers card	March 2020
Holistic approaches to supporting Young Carers	Work in partnership with schools to raise awareness of Young Carers needs	Young Carers under 18 years of age	In each Locality across Dumfries and Galloway	Carers Centre/Young Carers Project and CYPLL	Number of Young Carers who access school drop in	March 2019

Outcome 5 – Carers feel supported in their caring role

Area of Focus in the Carers Strategy	Actions	Who?	Where?	Responsible Person/ Team	Measures	Timescale for completion/ Review Date
Adult Carer Support Plans	Offer Carers an Adult Carer Support Plan if they would like one	All Carers aged 18+	Dumfries & Galloway	Carer Organisations and Relevant Service Managers	Number of Adult Carer Support Plans completed. Impact on outcomes identified through the plan	June 2018
Young Carer Statements	Offer all Young Carers are offered Young Carer Statement if they would like one	All Carers aged up to 18	Dumfries & Galloway	Carer Organisations and Relevant Service Managers	No. of Young Carers statements undertaken Impact on outcomes identified through the statement	June 2018
Seamless Transition for Young Carers from children and young people's services to	Ensure processes for transition from children's to adult services are in place for Young Carers	Carers aged 16 up to 29	Dumfries & Galloway	Carer Organisations and Relevant Service Managers	Young Carers report a seamless transition to adult services	December 2018

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