

Support for Young Carers in Dumfries and Galloway

Who is a Young Carer?

A Young Carer is a person aged between 7 and 18 years old who has caring responsibilities for a member of their family usually a parent or sibling. The family member may be affected by a long term illness, mental health problem, substance misuse problem, physical or learning disability.

The Carers Act

The Carers (Scotland) Act 2016 will come onto force on 1st April 2018

What is the Carers (Scotland) Act?

The Carers (Scotland) Act allocates duties to local authorities (Dumfries and Galloway) to support Young Carers health and wellbeing and helps make caring more manageable.

How will this be done?

- ◆ Provide support to Young Carers and look at what level of support they need eg. 1:1 support, YCs groups, short break, Young Carers Card, Young Carers Statement, access to social opportunities etc.... This will be done through an eligibility framework.
- ◆ Access to a Young Carers Statement is something that all Young Carers can complete if there is a need – it will ensure that the Young Carers needs are taken into consideration, highlight inappropriate care tasks, consideration towards reducing the impact of caring and allow the Young Carer to be a child/young person first and foremost. All of this is done through enabling the Young Carers to express their feelings and needs, this is supported by your Young Carers Worker.
- ◆ Provide an Information and Advice Service (Young Carers Project) specifically for Young Carers that provides a variety of information and advice, specifically around caring roles, future planning (hopes, dreams, aspirations) and emergency planning (Young Carers Cards, care call etc...)

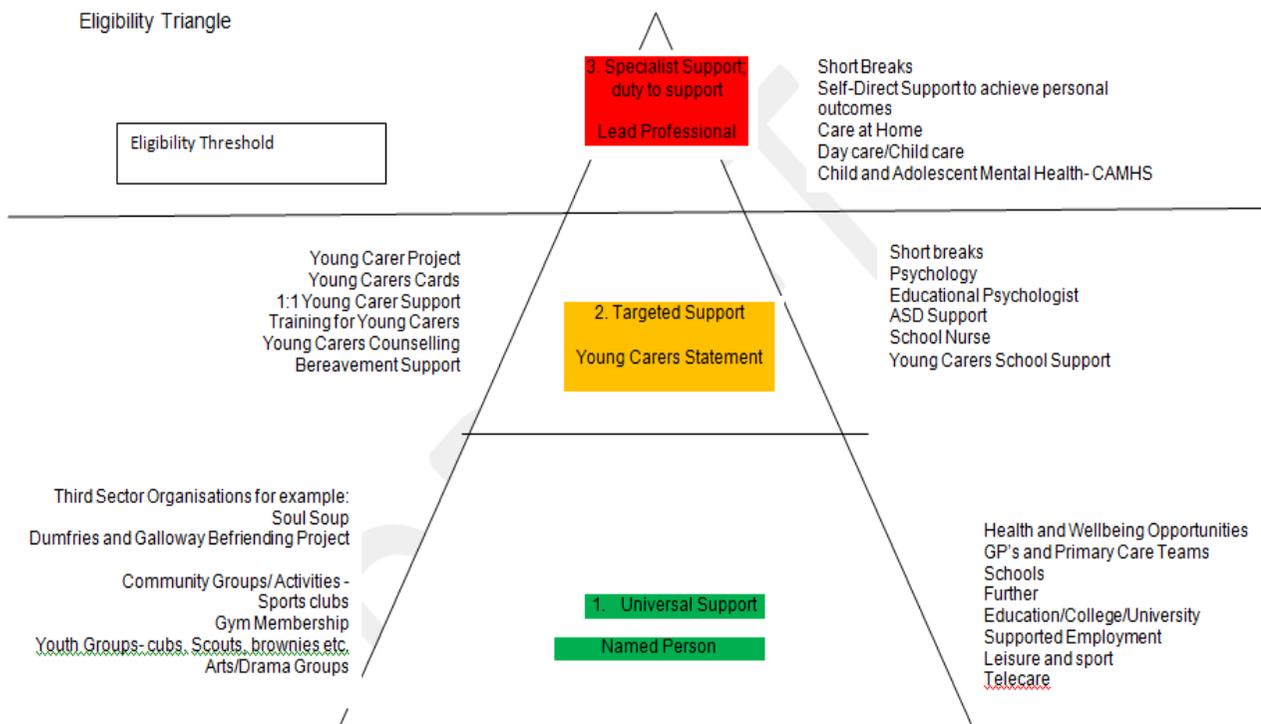
What is Eligibility?

This is a tool that is used to decide what level of support Young Carers may need as a Young Carer – this support could be finding a regular hobby, seeing friends more often, accessing other services, accessing support from the Young Carers Project, support through school nurse/CAMHs, looking at supports that could reduce the caring role (this would usually be done in partnership with Social Work)



Third & Independent Sector (Support Available to Young Carers)

Statutory Sector (Support Available to Young Carers)



What does the triangle mean?

Green (1) - this level of support is all the people who are around you and who you need support from in your life

Amber (2) - this level of support is more targeted at your caring role and who is in your wider world that can support you

Red (3) - this level of support is where a specific specialised service is needed to help you in your caring role and a professional would lead this support (normally Social Work)

