



Integration Joint Board

26th July 2018

This Report relates to
Item 8 on the Agenda

Scotland's Digital Health And Care Strategy

(Paper presented by Ruth Griffith)

For Approval

Approved for Submission by	Vicky Freeman, Head of Strategic Planning
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List of Background Papers	Scotland's Digital Health and Care Strategy http://www.gov.scot/Resource/0053/00534657.pdf
Appendices	Appendix 1 – Draft Template for Directions from Dumfries and Galloway Integration Joint Board

SECTION 1: REPORT CONTENT

Title/Subject: Scotland's Digital Health and Care Strategy

Meeting: Integration Joint Board

Date: 26th July 2018

Submitted By: Ruth Griffith

Action: For Approval

1. Introduction

- 1.1 The purpose of this report is to inform the Integration Joint Board of the Scottish Government's Digital Health and Care Strategy (digital strategy), published on 25th April 2018.
- 1.2 This paper offers the Integration Joint Board the opportunity to consider and discuss the recommendations of the strategy and the actual and potential implications of these.

2. Recommendations

- 2.1 **The Integration Joint Board is asked to:**
 - **Note the recommendations contained within the recently published Scotland's Digital Health and Care Strategy**
 - **Consider the implications of the national Digital Strategy for health and social care**
 - **Approve the direction for the development of a local Digital Health and Care Strategy and delivery plan for the Dumfries and Galloway Health and Social Care Partnership (HSCP)**

3. Background

- 3.1 Digital technology has transformed the way that people live their lives and has become integral to daily life. Health and social care across Scotland has been slow to embrace and embed digital technologies that can transform the delivery of care and support. For example, the Technology Enabled Care (TEC) programme which is funded by the Scottish Government, is now in its third year and has been able to achieve only 1,200 'Attend Anywhere' video consultations across the whole of Scotland.

3.2 The new national digital strategy brings together telecare, telehealth and ehealth under the term digital health and care.

- *Telecare* - is support and assistance provided by remote monitoring and emergency alarms to support vulnerable people to live independently.
- *Telehealth* - is the remote exchange of data between a person at home and their clinician to assist in diagnostics and monitoring. Telehealth is predominately used to support people with long term conditions.
- *Ehealth* - is the use of information, computers and telecommunications to support people and their health.

3.3 One of the ten priority areas of focus in The Dumfries and Galloway Health and Social Care Strategic Plan (2016 - 2019) is making the best use of technology. Digital technology is critical to the delivery and sustainability of excellent health and social care now and in the future.

3.4 The national digital strategy sets out the Scottish Government's three year roadmap to create a digital health and care system which will be interoperable. That is, one which has the ability to exchange information between citizens and agencies and be safe, effective, efficient and person centred.

4. Main Body of the Report

4.1 Health and social care in Dumfries and Galloway, under the direction of the Integration Joint Board, aims to provide high quality services with a focus on prevention, early intervention and supported self-management. The digital strategy outlines how digital technology can support that aim with a clear timeline, recommendations and a commitment throughout the document to a national or 'Once for Scotland' approach. That is, reducing geographical and organisational barriers to the delivery of support services and functions.

The digital strategy outlines six key areas:

- National direction and leadership
- Information governance, assurance and cyber security
- Service transformation
- Workforce capability
- National digital platform
- Transition process

4.2 National direction and leadership

The digital strategy emphasises the need for strong and clear leadership to drive the digital agenda forward within health and social care. To achieve this, the Scottish Government will set up a national decision making board by July 2018. This Board will be made up of representatives from Scottish Government, local government and the NHS with support from industry, academia and the third sector. The Board's function will be to make key national decisions, agree a financial framework, identify priorities, share best practice, monitor and report on delivery, and oversee adherence and compliance.

4.3 Information governance, assurance and cyber security

The digital strategy recognises the difficulties that citizens and staff working in health and social care and the third sector experience around information governance. The digital strategy highlights that information sharing is crucial to providing integrated health and care. By 2020 the Scottish Government will have clear national arrangements in relation to information governance and assurance in place and these will comply with the General Data Protection Regulation (GDPR).

4.4 Service transformation

Over the next twenty years, Scotland will face significant demographic, financial and workforce challenges. The digital strategy is clear that services across health and social care need to be transformed and that digital technology is central to this.

4.5 Workforce capability

Underpinning the success of the digital strategy will be strong leadership and the development of digital skills and capabilities across the health and care workforce. To support this, NHS Education for Scotland, the Local Government Digital Office and the Scottish Social Services Council will have a clear approach to workforce capability in place by September 2018. This will enable the development of digital skills and capabilities, competencies and career paths.

4.6 National digital platform

A digital platform at a national level will be developed to facilitate the interoperability of existing and new health and care systems. This will be achieved using common shared international standards. The digital platform will enable citizens to access their health and care records in real time. The platform will support care at the point of contact, support innovation and new products, and make better use of information, knowledge, research and innovation.

4.7 Transition process

The digital strategy acknowledges that the transition will be challenging, take time and will require significant input from eHealth and clinical leads, NHS National Services Scotland and the Local Government Digital Office to plan and deliver this transition.

4.8 Current Status in Dumfries and Galloway

Over the last two years, a local TEC Programme has been in place to progress the development of services using technology with people who use health and care services. In the five years previous to the TEC Programme, there were a number of digital technology 'tests of change' across health and social care. While there has been increased traction and understanding of how technology can support health and social care, this has not yet resulted in technology becoming part of mainstream practice. Service feedback has pointed to concerns that previous tests of change have not led to technology solutions becoming mainstream and that

there is not always the resources available that are needed to properly embed change.

- 4.9 Culturally, some frontline staff across health and care services continue to be reluctant to embrace digital technology solutions. This may be attributed to a fear of job loss as digital technology has become associated with an efficiency saving agenda rather than one of sustainability, capacity and quality building. It may also be an inability or unwillingness to change practice. There has been limited investment in developing the digital workforce capability and currently, there is no digital solutions training programme available for staff.
- 4.10 There is currently one TEC lead employed on a temporary two year contract. This post supports operational managers to test change and implement digital solutions. Some planning and commission capacity to support the development of digital health and care locally has been identified.

The development of a local digital health and care strategy will explore the resources and actions that are needed across the HSCP to drive forward the digital agenda.

5. Conclusions

- 5.1 The new national Digital Health and Care Strategy sets a clear direction for travel for health and social care in Scotland.
- 5.2 The HSCP will require to adopt an approach to meet the requirements of the national strategy.
- 5.3 It is essential that we develop a strategy with a delivery plan for the region that addresses each of the 6 key areas within the strategy to ensure that work in each of these areas is progressing locally.
- 5.4 To achieve the objectives of the digital strategy, there needs to be a strong commitment to developing workforce capability and an organisational infrastructure that support staff to apply digital technologies and solutions.

SECTION 2: COMPLIANCE WITH GOVERNANCE STANDARDS

6. Resource Implications

6.1 None at this time.

7. Impact on Integration Joint Board Outcomes, Priorities and Policy

7.1 This is in line with the nine national outcomes as it is an enabler, however it is most relevant to:

“Resources are used effectively and efficiently in the provision of health and social care”

7.2 One of the top ten priorities contained within the Dumfries and Dumfries and Galloway Integration Joint Board Strategic Plan is:

“Making the best use of technology”

8. Legal & Risk Implications

8.1 The HSCP face considerable demographic, workforce and economic challenges. Failure to embed digital technology in health and social care services will significantly impact on the Partnership’s ability to deliver service transformation at the pace required to address these challenges.

8.2 Digital technology supports early intervention, prevention and supported self management. Failure to embed technology into health and social care services will impact on citizens’ future health and wellbeing.

8.3 Workforce skills and capability are key to the success of digital health and care. Failure to provide staff with the knowledge and skills to support citizens will result in people becoming marginalised and excluded, creating greater health and social care inequalities.

9. Consultation

9.1 This local Digital Health and Care Strategy will use a co-productive approach. It will be developed with citizens of Dumfries and Galloway, HSCP frontline staff and management, third and independent sector colleagues and third level education colleagues.

10. Equality and Human Rights Impact Assessment

- 10.1 An EQIA will be undertaken once a draft local Digital Health and Care Strategy has been prepared.

11. Glossary

EQIA	Equality and Human Rights Impact Assessment
GDPR	General Data Protection Regulation
HSCP	Health and Social Care Partnership
SSSC	Scottish Social Services Council
TEC	Technology Enabled Care