



Integration Joint Board

1st February 2018

This Report relates to
Item 9 on the Agenda

Developing New Models of Care in Esk Valley

*(Paper presented by Gary Sheehan, Locality Manager
Annandale and Eskdale)*

For Noting

Approved for Submission by	Graham Abrines, General Manager Community Health and Social Care
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List of Background Papers	Health and Social Care Locality Plan for Annandale and Eskdale 2016/19

	<p>Dumfries and Galloway Integration Joint Board Health & Social Care Strategic Plan 2016/19 Reshaping Health and Social Care for Older Adults in Esk Valley – November 2016</p> <p>Progress Report on Reshaping Health and Social Care for Older Adults in Esk Valley – 28th September 2017</p>
Appendices	<p>Appendix 1 Esk Valley Extra Care Housing Presentation</p> <p>Appendix 2 Site Plan</p>

SECTION 1: REPORT CONTENT

Title/Subject:	Developing New Models of Care in Esk Valley
Meeting:	Integration Joint Board
Date:	1 st February 2018
Submitted By:	Gary Sheehan, Locality Manager Annandale and Eskdale
Action:	For Noting

1. Introduction

- 1.1 This Report provides an update to members on the progress made in reshaping health and social care for older adults in Esk Valley through the proposed development of a new Extra Care service, a new Intermediate Care Service and potentially a new Health and Well Being Centre. The Report sets out how the local community has and will continue to be engaged in the co-production of new models of care in Esk Valley.

2. Recommendations

2.1 The Integration Joint Board is asked to:

- **Note the further progress made since the previous report of 28th September 2017 in developing a new Extra Care Housing and Intermediate Care service in Esk Valley.**
- **Note the opportunity to develop a new Health and Well Being Centre in Esk Valley**
- **Note the public engagement activity that has taken place and plans for the ongoing engagement of the local community in the co-production, design, development and delivery of the reshaped services**
- **Note the process for the development of a business case for the proposed Extra Care and Intermediate Care Service**

3. Background

- 3.1 In May 2016 the Esk Valley Project Team was commissioned to establish a robust evidence base to inform planning for meeting the needs of Older Adults in Esk Valley and identify a vision of how existing services could be reshaped and new models of support developed in the future. The Esk Valley report was submitted to the IJB on 29th November 2016 and it proposed that a range of health and social care services be developed, preferably on a single site, and that further work should

be commissioned to develop a business case in respect of the proposal. A progress report on reshaping health and social care for Older Adults in Esk Valley was submitted to the IJB on 28th September 2017 and the IJB approved plans to proceed with further development work for the provision of a new Extra Care scheme in Esk Valley and requested that a further progress report be submitted in January 2018, which would include a financial report and more information on the plan for engaging the local community in the development of the proposed new service.

4. Main Body of the Report

- 4.1 Extra Care Housing schemes provide safe and secure long term accommodation for people who want to maintain their own homes but also want flexible and accessible care or support at hand when they need it. Currently there are no Extra Care schemes available for older adults across Dumfries and Galloway. The Esk Valley report identified Extra Care Housing as a suitable service model which would enable more older people to remain living in their own communities whilst providing them with the care they need. Loreburn Housing Association, through Dumfries and Galloway's Strategic Housing Investment Programme, is committed to working with the Health and Social Partnership to build 353 new homes, including Extra Care housing schemes over the next 5 years.
- 4.2 To raise awareness of the benefits of Extra Care housing and promote ongoing community engagement, Loreburn Housing Association and the Health and Social Care Partnership convened a public information and engagement event on 15th November 2017 at the Buccleuch Centre in Langholm. Promoted through a large feature in the local Eskdale and Liddesdale Advertiser, the drop in event was attended by over 80 people during the course of an all day event. Lorraine Usher, Chief Executive of Loreburn HA, and Gary Sheehan, Locality Manager for Community Health and Social Care, delivered a rolling programme of presentations about the proposed Extra Care development and invited people to share their thoughts and get involved in shaping the new service. The presentation (see **Appendix 1**) was very well received and there has been widespread support for the development of a new Extra Care housing scheme in Esk Valley. Following the engagement event held on 15th November 2017, a site visit was arranged for members of the public and local professionals to visit an Extra Care scheme in Cumbria, Brampton Court, and this resulted in positive feedback and growing support for the development of a similar service in Esk Valley. In addition to the public event held on 15th November 2017, the Locality Manager has also presented and engaged with staff at Thomas Hope Hospital on 6th October 2017 and 5th December 2017, with local GPs on 21st November 2017, with members of the Langholm Action Project on 27th November 2017 and with members of the Esk Valley reference group on 6th October 2017 and on 24th January 2018. The Esk Valley reference group was established in 2016 and is a key part of our well established plan to engage the local community in identifying and addressing local need and consists of local councillors, community council reps, local GPs, Langholm Action Project and members of the local Health and Social Care management team. Over the next 12 months, we will continue to work with the Esk Valley Reference Group and Loreburn Housing to both update and engage the local

community in the co-production, design and delivery of the new models of care that are planned to be developed in Esk Valley.

- 4.3 In addition to the identified need to develop a new Extra Care Housing scheme to provide long term accommodation and support in Esk Valley, the need to develop short term support to provide End of Life care, help prevent the need for hospital admission and help medically fit people step down from hospital has also been identified as a priority with the local community in Esk Valley. Consequently as part of the proposed design of the new Extra Care housing scheme, the development of 4 to 6 beds within the scheme are being considered to provide short term, intermediate care.
- 4.4 Securing a suitable site for the proposed new Extra Care housing scheme, Intermediate Care service and potentially a new Health and Well Being Centre in Langholm has proved challenging. There are a limited number of suitable sites in Langholm and staff from Loreburn Housing Association and the Health and Social Care Partnership have worked closely with a local philanthropist to help identify and then secure a suitable site. A site has just been secured by a local philanthropist (**Appendix 2**) which is of sufficient size to develop a range of health and social care services and discussions have commenced with local planners with regard to development proposals for the site. Part of the proposed site for the new development already has planning permission for a residential care service but further discussions are required with planners to ensure that flood plain risks are assessed and, where appropriate, addressed to help secure planning permission for the proposed new Extra Care housing scheme, Intermediate care service and Health and Well being Centre. Subject to securing planning permission, it is anticipated that building work on the new scheme could start in 2019 and be completed by mid 2020 as set out in the outline timescale in appendix 1. However if planning permission cannot be secured for the preferred site, there may be a need to explore other options, including sites slightly further away from Langholm town centre.
- 4.5 Subject to securing planning permission for the preferred site, there is scope to build a new Health and Well Being Centre on the same site as the proposed Extra Care and Intermediate Care service. The Centre could provide purpose built accommodation for local health and social care professionals and could be used as a community resource for both people living in the Extra Care service and for other members of the local community. Loreburn Housing and a local philanthropist have both indicated that they would consider providing capital funding for the Centre. However, before a full business case can be developed for the Centre, further discussions are required to scope out the range of services that could be provided and based within the Centre. Currently the local GP service is located in a building adjacent to Thomas Hope Hospital.
- 4.6 During the public engagement process, there has been widespread support for the development of new models of care in Esk Valley. However at the same time, members of the local community have asked what does this all mean for the future of Thomas Hope Hospital. In accordance with previous discussions held with the IJB, the local community has been assured that until the new models of care have been developed in Langholm, there are no plans to change the current service at Thomas Hope. As and when the new models of care are developed and are in

place, there will be a subsequent need to review the future role of Thomas Hope and this review will be done in full consultation with the local community and is unlikely to take place until 2020.

5. Conclusions

- 5.1 Following an extensive and ongoing process of community engagement, there is widespread support for the development of new models of care in Esk Valley and significant progress has been made in identifying and securing a local site which, subject to planning approval, has the capacity to accommodate a new Extra Care service, an Intermediate care service and a new Health and Well Being Centre. An outline business case for the Extra Care and Intermediate Care service has been submitted to the Finance Director and will be progressed, refined and finalised through the Particular Needs Housing Strategy Group and the Health and Social Care Senior Management Team. Subject to further discussions being held to scope out the range of services that could be provided and based in a new Health and Wellbeing Centre, an outline business case will also be developed for the proposed new Health and Well Being Centre and will be submitted to the Finance Director and Health and Social Care Senior Management Team

SECTION 2: COMPLIANCE WITH GOVERNANCE STANDARDS

6. Resource Implications

- 6.1. An outline business case for the development of the new Extra Care and Intermediate care service has been prepared and submitted to the Finance Director. The outline business case will be discussed further with the Particular Needs Housing Strategy Group and Health and Social Care Senior Management Team.

7. Impact on Integration Joint Board Outcomes, Priorities and Policy

- 7.1. The recommendations within this report are consistent with the commitments set out in the Health and Social Care Locality Plan for Annandale and Eskdale 2016-2019 and Dumfries and Galloway's Health and Social Care Strategic Plan 2016-2019. The report also contributes to the delivery of a number of the national health and well being outcomes, namely that 1) Resources are used effectively and efficiently in the provision of health and social care services 2) People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community and 3) Health and social care services contribute to reducing health inequalities. The report is also consistent with Dumfries and Galloway's Strategic Housing Investment Programme.

8. Legal & Risk Implications

- 8.1. There are no legal or risk implications arising from this report.

9. Consultation

- 9.1. New models of care in Esk Valley are being co-produced with the local community. According to the Chief Medical officer for Scotland, "Co- production is the process of active dialogue and engagement between people who use services, and those who provide them". The original Esk Valley report in November 2016 was co-produced with the local community and as set out in section 4.2. of this report, there has been extensive and ongoing dialogue and engagement with the local community to help shape, design and resource new models of care in Esk Valley. Through the Esk Valley reference group, plans are in place to continue a process of active dialogue and engagement with the local community to help develop new solutions to current challenges. As defined by the Scottish Co-production Network, "Co-production is about combining our mutual strengths and capacity so that we can work with one another on an equal basis to achieve positive change".

10. Equality and Human Rights Impact Assessment

- 10.1. An equality impact assessment is being completed for the proposed new Extra Care and Intermediate Care service and will be progressed through the Esk Valley Reference Group.

11. Glossary

IJB	Integration Joint Board
HA	Housing Association