



**Minute of Dumfries and Galloway  
Integration Joint Board Clinical and Care  
Governance Committee meeting held on  
13<sup>th</sup> February 2020**

*For Approval*

Minute of the Dumfries and Galloway Integration Joint Board Clinical & Care Governance Committee meeting held on 13<sup>th</sup> February 2020 at 3:00pm in Conference Room, Cornwall Mount.

**Voting Members Present:**

Elaine Murray	<b>(EM)</b>	Local Authority Voting Member – <b>Chair</b>
Ian Carruthers	<b>(IC)</b>	Local Authority Voting Member

**Advisory Members Present:**

Lillian Cringles	<b>(LC)</b>	Chief Social Work Officer
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**In Attendance:**

Ken Donaldson	<b>(KD)</b>	Registered Medical Practitioner
Liz Forsyth	<b>(LF)</b>	Macmillan Palliative Care Project Lead
Vicky Freeman	<b>(VF)</b>	Head of Strategic Planning
Hannah Green	<b>(HG)</b>	PA to COO/CO
Penny Halliday	<b>(PH)</b>	NHS Voting Member
Stella MacPherson	<b>(SM)</b>	Service User Representative
Jane Maitland	<b>(JM)</b>	Local Authority Voting Member
Stephanie Mottram	<b>(SMo)</b>	Area Locality Manager
Joan Pollard	<b>(JP)</b>	Associate Director of Allied Health Professionals
Julie White	<b>(JW)</b>	Chief Operating Officer / Chief Officer
Alice Wilson	<b>(AW)</b>	Director of Nursing

**1. APOLOGIES FOR ABSENCE**

Apologies were received from Grace Cardozo and Elaine McCourtney.

**2. DECLARATIONS OF INTEREST**

None

**3. MINUTES OF THE PREVIOUS MEETINGS 12<sup>th</sup> December 2019 & 2<sup>nd</sup> May 2019**

2<sup>nd</sup> May 2019 – JM has agreed the notes, however further assurance required from Alison Warrick from a Governance perspective – are these notes required to be approved at the next IJB?

12<sup>th</sup> December – IC agreed the notes with LC seconding this decision.

**4. AGREED ACTIONS FROM THE PREVIOUS MEETING & ROLLING AGENDA MATRIX**

LC advised that the Alcohol and Drug Partnership work is ongoing following the workshop that took place after the IJB on 6<sup>th</sup> February 2020 with a further event planned for 30<sup>th</sup> April 2020.

**5. TRANSFORMING WIGTOWNSHIRE PROGRAMME**

The purpose of this report is to provide evidence that the Transforming Wigtownshire Programme is working towards meeting the requirements of National Health and Wellbeing Outcomes 1 and 2.

SMo provided an overview of the paper and advised that two of the larger projects contributing to the Transforming Wigtownshire Programme are mPower (a five year project to allow people to take control of their long term conditions at home by using technology) and CoH-Sync (Community Health Synchronisation which aims to promote healthier lifestyles). The Health and Wellbeing Team are working closely with communities in Wigtownshire to roll out these projects, with the aim for the communities to take on the ownership of these developments.

IC queried the projects that are European funded, and if they will be affected after Brexit? JW advised new hospital is 50% European funded which is guaranteed, but there has been no further communication regarding European funding, however JW will pick this up with Katy Lewis.

PH enquired about Building Healthy Communities, and asked where they fit into within the overall Transforming Wigtownshire Programme? SMO advised that the Building Healthy Communities were set up during Area

Partnership Forums, and are now linked within the Health and Wellbeing Team.

For communities to be future resilient, how can we further engage with them? The Committee would like a future report to contain documented evidence of the communities that the Health and Wellbeing Team have engaged with, and what the outcomes were.

SMo provided the Committee with an update regarding Care Home beds in Wigtownshire. In total, there are 173 Care Home beds, and in the past 2 years 8 patients have been placed in Care Homes out with the Wigtownshire Locality. These 8 patients were placed out with the Locality for various reasons such as families choosing Care Homes which are closer to their residence.

There are currently less than 5 delayed discharges in Wigtownshire who are awaiting places at Care Homes. Care Homes have a responsibility to make sure that they can safely meet the needs of the patients.

There are future plans to have additional beds at Thorneycroft Care Home in Stranraer. This work is due to commence in summer 2020.

#### **Committee Members:**

- **Noted the progress to date in relation in TWP in relation to outcomes 1 & 2**

## **6. PLAN FOR PALLIATIVE CARE**

The draft Plan for Palliative Care (the Plan) has been co-produced, using feedback from individuals and communities with experience of receiving or delivering palliative care and support, collated during a broad range of engagement activities.

VF advised that the draft plan for Palliative Care has been an ongoing piece of work during the past 12 months. The feedback from the public has been positive and welcoming; however Health and Social Care colleagues feel that the plan could be more detailed in areas.

Currently there is a hospice based model within palliative care, based in DGRI, however there is not a hospice based model within care at home services. There are around 2,000 deaths per year within Dumfries and Galloway, and it is estimated that around 95% of the population within the region would ideally die at home. Currently, less than 50% of patients do die at home, as the resources are not in place to facilitate this. This strategy aspires to support people in the places that they live, and to be supported if they choose to die at home.

The final plan for Palliative Care will be presented at Social Work Committee before then going to the IJB.

IC queried the possibility of a Maggie's Centre being included within the plan. VF confirmed that during the tender process, Maggie's and other charities / organisations will have the opportunity to bid. The Partnership is committed to working with Third Sector Partners to deliver this strategy.

**Committee Members:**

- **Noted the content of the draft plan for Palliative Care, with a request for formal approval from the Integration Joint Board**

## **7. SELF DIRECTED SUPPORT**

The purpose of this report is to provide an update on local progress on the implementation of Self-directed Support (SDS) in Dumfries and Galloway against National Health and Wellbeing Outcomes 1 and 2:

LC informed the Committee that this report provides an update of the progress made with rolling out SDS within families and has also been introduced within the Justice and Children's services within the Local Authority.

The Local Authority has 4 options for how social care is managed available to people who are eligible for support. Option 3 (The authority chooses and arranges the support) has proven to be the most popular due to people being apprehensive against Option 2 (The individual chooses the support and the local authority or other organisation arranges the chosen support and manages the budget). Ideally, LC commented that it would be great to move towards Option 1; however as there is a wider choice in urban areas than rural areas for Option 1, this may not be a popular choice.

**Committee Members:**

- **Considered the report**
- **Noted the progress made locally in line with the Scottish Government's vision of Health and Social Care and plans for continued implementation of the self-directed support legislation in line with the Government's 10 year strategy and self-directed Support Implementation Plan 2019-2020**

## 8. INDEPENDANT SECTOR, SCOTTISH CARE

The Independent Sector is committed to supporting the sustainability of care provision in Dumfries and Galloway and is a key partner in the delivery of health and social care in the area. This paper aims to provide an update on the progress and activities of the Health and Social Care Partnership's contract and business plan with Scottish Care Partners for Integration Teams until end of January 2020, for information and noting.

### Committee Members:

- **As Elaine McCourtney was not able to attend the meeting, Committee Members noted the ongoing and developing work activities Scottish Care's Partners for Integration Team are involved in and are invited to send any questions, comments or queries to HG to forward to Elaine McCourtney**

## 9. FRAILITY

Clinical and Care Governance have requested an update upon activities to support individuals experiencing the effects of frailty.

JP provided a description of frailty and advised that it is not always age specific, it is identified due to loss of resilience. Age is a significant factor, along with disabilities and mental health conditions. A person who is no longer able to walk more than 400 yards is classed as 'frail'.

Dumfries and Galloway Health and Social Care Partnership is currently involved in a wide range of initiatives within the Frailty agenda, and are focussing on prevention through increased physical activity.

The Partnership is also participating in Health Improvement Scotland's Living and Dying Well with Frailty Collaborative which aims to improve earlier identification and a multiagency support so that people living with frailty get the support they need, at the right time, at the right place. This programme is being rolled out within GP Practices in Annandale and Eskdale who identify the risk of a patient becoming frail, and seeks to establish a multidisciplinary approach for anticipatory care planning.

The GPs will use an eFrailty Index, which is based on the Rockwood Clinical Frailty Scale to identify the stage the patient is within the functional decline trajectory. As the scale is stage related, rather than age related, it allows GPs to signpost individuals for support for appropriately. As pathways have yet to be agreed following this assessment, a draft proposal was presented to the Health and Social Care Senior Management Team yesterday, and will be rolled out after approval.

**Committee Members:**

- **Noted the work around supporting people who are frail to look after and improve their own health and wellbeing and live in good health for longer and live, as far as reasonably practicable, independently and at home or in a homely setting in the community.**

**10. AOCB**

Nothing to note

**11. Date of next meeting**

The next meeting will be held on the 14<sup>th</sup> May 2020 at 2:00pm, Venue TBC

DRAFT