# **Care Home Assurance Visit**



Name of service					
Registration Type					
(Residential / Nursing / EMI)					
Number of beds in care home			Number of people service	e using the	
Open to admissions/transfers			Open to visiting		
Number of residents			Number of staff (	COVID	
<b>COVID</b> positive:			positive and/or s	elf-isolating:	
Date of first positive			Date of first positive	/e case:	
case:					
Date of last positive			Date of last positive	ve case:	
case:					
	Name		Role		
Assurance team					
	_				
	Date		Team members		
Assurance					
Diary/Previous visits					
Recommendations from	•				
Recommendation		Timescale	Met?		Comments

## 7.1 People's health and wellbeing are supported and safeguarded during the COVID-19 pandemic

#### **Observations and Feedback**

- 1. Residents know how they can stay in touch with people that are important to them and report good support from staff to do this Notes
- 2. Residents are receiving regular interactions and engagement from staff including encouragement and resources to undertake activities either alone or with staff, including people who are supported in their bedrooms.

**Notes** 

- 3. Residents are encouraged to move regularly and remain as active as they can including the use of outdoor space where possible Notes
- 4. There is good communication between the service, families and those who are important to people experiencing care about up to date information on the impact of COVID 19 in the service and how care and support is being provided.

**Notes** 

#### **Evidence**

5. Resident's personal plans are up to date, regularly reviewed and reflect their rights, choices and wishes as well as their changing needs during COVID-19. This includes information on people's preferences for support required to maintain contact with those important to them and ways they can remain active and engaged.

Notes

6. The staff in the service have established links for advice and support from health and social care colleagues in the community (including GP, nursing and social work -community teams) meaning people have access to and are receiving health and social care support to meet their individual needs and choices.

Notes

7. Staff know how to keep residents who live in the care home safe when they are unable to follow guidance on infection prevention and control measures including social distancing. Where there are restrictions on people's movement, risk assessments identify how the

risks are managed.

Notes

8. There is guidance for staff on how to support residents in their own rooms and how to provide care and support differently in response to COVID-19.

**Notes** 

9. There is evidence that staff are able to identify and respond to changes in people's health and wellbeing, including identifying possible typical and atypical symptoms of COVID-19. There is a process for the escalation of concerns and obtaining clinical advice and support where required.

**Notes** 

10. People have regular access to nutrition including fluids while in their own rooms, and records are maintained for people who require support to eat and drink.

Notes

11. People have an anticipatory care plan (ACP) in place that reflects their wishes and where appropriate, those of their representatives. Staff are familiar with people's preferences for palliative and end of life care. This includes arrangements for DNACPR protocols.

Notes

12. Guidance is in place to support safe care after death of people who have died and support to their families and those who are important to resident.

**Notes** 

13. Staff understand and follow guidance regarding visitors that is risk-based, proportionate and person centred, including for people receiving palliative or end of life care

Notes

14. Supplies of medication are adequate to manage symptom relief and comfort with appropriate systems in place for review of medication requirements and stock.

Notes

Overview of Improvement Needs for this area of care, including any recommendations (7.1 wellbeing)		
7.2 Infection control practices support a safe environment for both people experiencing care and	l staff	
	Yes	No
15. Is there a current COVID-19 outbreak? - Outbreak definition: Any confirmed or suspected cases of COVID-19 within the same area or facility within 14 days, where cross-transmission cannot be excluded. A single suspected or confirmed case may indicate current transmission within the facility and must be reported to the local HPT who will assess, without delay, whether an outbreak may be current.		
Notes		
	Yes	No
16. Have there been any confirmed cases of COVID-19?		
Notes		
17. If yes to either question above, have the local Health Protection Team been contacted to provide advice/i	nake assessi	ment?
Notes		
18. For any confirmed or suspected cases - resident placement is prioritised in a suitable area i.e. single roon	n with an-suite	facilities
Notes	ii with ch-suite	Tacillics
19. Where cohort areas are established for multiple cases of confirmed COVID (if single rooms are unavailab cases are cohorted separately from confirmed cases until confirmed, if the care home layout can accommod		spected
Notes		
20. Doors to isolation/cohort rooms/areas are closed and signage is clear (undertake a resident safety risk a		

21. The general environment in communal areas looked at are clear from non-essential items/clutter (to allow effective cleaning)

Notes:

22. Domestic staff have sufficient supply of equipment including mop heads, disposable clothes, cleaning so - Ask staff.	olution (Chlo	rine based)
Notes		
	Yes	No
23. Increased frequency (twice daily) cleaning is incorporated into the care home cleaning schedules for areas where there may be higher environmental contamination rates e.g. "frequently touched" surfaces such as door/toilet handles and locker tops, over bed tables and bed rails using a combined detergent/disinfectant solution at a dilution of 1,000 parts per million (ppm) available chlorine (av.cl.).		
Notes		
	Yes	No
24. At least daily cleaning of the resident isolation room/cohort rooms/areas is in place using a combined detergent/disinfectant solution at a dilution of 1,000 parts per million (ppm) available chlorine (av.cl.).		
Notes		
	Yes	No
<b>25.</b> Is the environment in the areas looked at visibly clean? Advise Care Inspectorate will check areas such as but not limited to: floors, corners, vents, bathrooms/toilets, resident rooms, sitting/dining areas.		
Notes		
26. Where possible dedicated re-usable care equipment is used. If it is not possible to have dedicated items for isolation/cohort areas, is equipment removed from isolation/cohort areas cleaned and disinfected before Detergent/disinfectant solution at a dilution of 1,000 parts per million (ppm) available chlorine (av.cl.)		
Notes		
27. Care equipment is clean and free from dirt/dust or body fluids. Observe some equipment. Advise Care Instareas such as but not limited to: commodes, bath chairs, toilet raisers, toilet roll dispensers, tables, lounge of (including checking undersides)		
Notes		
28. Where safe to do so and there are sufficient numbers of staff they are 'cohorted' to work either with peop positive for COVID-19 and people who are showing symptoms, or with people who have no symptoms? [State residents who have COVID-19, or residents who do not, and staff should not cross over between the two groups]. If recontrol measures have been put in place to mitigate risks from staff crossing between these areas.	ff should worl	k only with
Notes		

29. Has the service actively promoted and communicated to everyone the importance of hand hygiene and the	ne "WHO 5	Moments"
and best practice technique?		
Notes		
	Yes	No
30. Are there enough handwashing facilities for staff and residents to safely decontaminate hands. (Note	100	110
hand wash basins should not be used for the disposal of any other liquids or waste)		
Notes	4	
	Yes	No
31. When people are unable to wash their hands themselves, are they supported to maintain hand hygiene?		
Notes		
		1
	Yes	No
32. Staff wash their hands with soap and water with appropriate drying facilities (not hand dryers) available		
or use alcohol-based hand rub (ABHR) at the correct times. Observe staff		
Notes	1 1	
	Yes	No
33. Are staff aware of when ABHR should be used and it is readily accessible?		
Notes		
	Yes	No
34. For people living with dementia, are there enough signs, staff and interaction to support and keep them	103	140
safe?		
Suite:		
Notes	1	
	Yes	No
35. Cooling fans have been removed from areas and are not in use.		
Notes		
36. Do staff have access to <u>HPS COVID-19 Information and guidance for Care Home Settings</u> and the <u>NIPCM</u>	and are the	ey following
this guidance? (Ask staff, can they demonstrate how they access this)		
Notes		

	Yes	No
37. Is respiratory and cough hygiene practice encouraged (catch it, bin it, kill it) and tissues and hand wipes readily available for people. (observe practice and ask staff how they manage this)		
Notes		
	Yes	No
38. Is infectious waste disposed of through a clinical waste stream, does the organisation have a clinical waste contract?		
Notes		
	Yes	No
39. If no clinical waste contract is infectious waste disposed of in a disposable bag, double bagged and stored securely for 72 hours before put out for uplift (observe secure storage area – must be locked also ask staff).		
Notes		,
	Yes	No
40. Do staff have easy access to the correct PPE in line with <a href="HPS COVID-19 Information and guidance for Care Home Settings">HPS COVID-19 Information and guidance for Care Home Settings</a>		
Notes		
	Yes	No
41. PPE is stored in a clean dry place to prevent splashes or dirt/dust contamination not above sinks/wash hand basins or sluices/bedpan washers – where splash contamination is possible.		
Notes		
	Yes	No
42. In all circumstances disposable aprons and gloves are single use, these are removed after each task or episode of care and hand hygiene carried out.		
Notes	•	•
	Yes	No
43. If IIR surgical facemasks are used for sessional use staff do not move between COVID and non-COVID areas wearing them.		

Notes		
	Yes	No
44. Are there any AGPs carried out in this care home? List provided HPS AGPs (Ask management)		
Notes	•	
	Yes	No
45. If AGPs are carried out have the HPT advised on safe practice, have staff been fit tested for FFP		
respirators Also how are stocks maintained? (Ask management and staff).		
Notes		
46. Is visiting being offered in line with HPS COVID-19 Information and Scottish Government guidance for Ca	re Home Set	tings?
Notes		
47. Residents with suspected/confirmed COVID (or from a care home with an ongoing outbreak) should not be		
settings including hospitals before the recipient service is aware of their COVID-19 status and has prepared	for admissio	n of the
resident. Can the care home confirm this?		
Notes		
48. When people are admitted into the care home, is this managed in line with the guidance on testing and is	olotion?	
Notes	Olation?	
Notes		
49. Are laundry items managed safely in line with the HPS COVID-19 Information and guidance for Care Hom	o Sottings	Such as
treated as infectious, placed in alginate bag and outer bag, laundry hamper taken close to point of use but no		
linen not shaken or placed on surfaces such as floor, tables, not re-handled once bagged, no inappropriate it		
hamper.		adilal y
Notes		
	Yes	No
50. Are staff uniforms being laundered on the premises?		
Notes	1	
51. If laundry facilities not available for staff, are staff aware of the guidelines on washing their own uniforms	?	
Note		

How are staff safely transporting uniforms home after use.
Notes
52. Testing is taking place as per current good practice guidance for both staff and people using the service?
Notes
Overview of Improvement Needs for this area of care, including any recommendations (7.2 infection control)
7.3 Staffing arrangements are responsive to the changing needs of people experiencing care
Observations and feedback
53. Staff were observed using PPE appropriately and in line with HPS COVID-19 Information and guidance for Care Home Settings
Notes
54. There is evidence that staffing arrangements are right and staff are confident in supporting people in both communal areas and
their bedrooms, providing appropriate observation and support to people?
Notes
55. Staff were observing social distancing guidance when appropriate and sensitively supporting everyone to do the same. Staff
practice social distancing such as during break/mealtimes, in office and staff areas.
Notes
Evidence
56. The service has in place a staffing contingency plan in the event that staff are absent due to COVID-19?
Notes
110103
57. There is evidence that staffing arrangements are regularly reviewed and responsive to the changing needs of the service and staff
personal circumstances (including resilience).
personal circumstances (including resilience).

#### **Notes**

58. There are clear protocols and risk assessments for the use of agency staff or staff from other services. This includes key information about other services where staff have worked and testing arrangements to prevent possible transmission of COVID-19. Where possible the same staff should be used – contact agency to check where staff have worked – ask about the testing of agency staff

**Notes** 

59. All staff have received training on COVID-19 appropriate to their role.

**Notes** 

60. All staff have been trained (or received updates where training has already taken place) on infection prevention and control during COVID-19. This includes the donning, doffing and safe disposal of PPE.

**Notes** 

61. Infection Prevention and Control training and practice is regularly evaluated by the organisation to ensure it is sufficient. *Describe below how this is achieved.* 

**Notes** 

62. Internal audit/Observations of staff practice are undertaken with improvement actions taken when necessary (for example through team discussions, reflective accounts or supervision, improvement action plans). Where improvements have been identified as required how are these followed up to ensure compliance.

**Notes** 

63. Staff feel well supported and can access additional support if they require it. This means they feel able to care and support people well. What is in place? This might include debriefing on the management of complex situations, personal safety, assessment of workload and bereavement support.

**Notes** 

64. Staff are aware of and participating in local testing arrangements and are clear about when they should not be coming to work (self isolating). What processes are in place to ensure staff do not come to work if they display symptoms of COVID-19?

Notes

65. Staff feel that there is supportive and visible leadership which enables them to voice their concerns or share ideas

Notes	
Government and He guidance?	ledge of and access to guidance relating to supporting people during COVID-19 pandemic, including Scottish ealth Protection Scotland guidance? Ask staff to demonstrate how they access this. Are staff implementing the
Notes	
Overview of Improve	ment Needs for this area of care, including any recommendations (7.3 staffing)
What people told obtained	us - Please enter details of the views of people using the service and any relatives and carers, which were
Obtained	
General Notes & S	Summary of Recommendations:
Date/time	Feedback Method (face-to-face,
feedback given	telephone call, TEAMS etc.):
Feedback	
provided to (name	
& role): Notes on	
providers	
response to	
feedback	

### OFFICIAL

Follow up visit	Follow Up Visit Date:	
type (agreed with		
care home		
manager)		
Author of Report	Date	