



Integration Joint Board
Clinical and Care Governance Committee

13th February 2020

This Report relates to
Item 6 on the Agenda

Plan for Palliative Care

(Paper presented by Vicky Freeman/Liz Forsyth)

For Approval & Noting

Approved for Submission by	Vicky Freeman, Head of Strategic Planning
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List of Background Papers	Strategic Framework for Action on Palliative and End of Life Care - Executive Summary
Appendices	Appendix 1 – Draft Plan for Palliative Care Appendix 2 – Draft Statement of Consultation Appendix 3 – Report from Palliative Care Stakeholder Engagement

SECTION 1: REPORT CONTENT

1. Introduction

- 1.1 The Scottish Government Strategic Framework for Action on Palliative and End of Life Care 2016-2021 (the Framework) set out commitments and direction for palliative care across Scotland.
- 1.2 The Framework directs all Integration Authorities to develop local palliative and end of life care strategies to ensure that the national vision, “*by 2021 everyone in Scotland who needs palliative care will have access to it*”, is achieved.
- 1.3 The Macmillan Cancer Pathways and Palliative Care Improvement Project (the Project), is the Dumfries and Galloway Integration Joint Board (IJB) response to this.
- 1.4 The Project is a 23 month programme being delivered as a partnership between NHS Dumfries and Galloway, Dumfries and Galloway Health and Social Care Partnership and Macmillan Cancer Support.
- 1.5 The draft Plan for Palliative Care (the Plan) has been co-produced, using feedback from individuals and communities with experience of receiving or delivering palliative care and support, collated during a broad range of engagement activities.

2. Recommendations

- 2.1 **The Clinical and Care Governance Committee is asked to:**
 - **Note the content of the draft plan for Palliative Care, with a request for formal approval from the Integration Joint Board**

3. Background

- 3.1 “**There were 53,870 deaths in Scotland during 2016/17**, excluding those where an external cause such as unintentional injury was recorded. Of these people, **87%** of their last 6 months of life was spent at home or in a community setting with the remaining **13%** of that time spent in hospital” (Information Services Division 30 May 2017).
- 3.2 In 2018 there were **1,950** deaths in Dumfries and Galloway. Around **77%** were people who had needs arising from living with deteriorating health for the years, months or weeks before they died. The number of deaths in Dumfries and Galloway is expected to rise to just over **2,100** by 2041.

- 3.3 The provision of care and support for people close to death has a significant impact on Partnership budgets. “On average each year, about **15%** of partnership budgets are spent on people dying in that year. **29%** of all acute bed days are used by people in their last year of life.” (Palliative and End of Life Care by Integration Authorities: advice note 8 May 2018).
- 3.4 The IJB recognises that, there is an ageing population and a growing need for palliative care and support in Dumfries and Galloway.
- 3.5 There are significant challenges in respect of resources across Health and Social Care. Therefore, it is important that all resources are used efficiently and effectively.

4. Main Body of the Report

- 4.1 The vision contained within the local Plan for Palliative Care, is that *“All Adults in Dumfries and Galloway who need palliative care and support will have access to it.”*
- 4.2 Emergent themes from engagement activities which included one to one meetings, focus groups and surveys (online or hard copy) were used to develop the plan. The outcomes of this engagement can be seen in appendix three.
- 4.3 Governance groups including the Strategy Development Group, Palliative Care Steering Group, Public Engagement Group and Macmillan Project Board have ensured the plan meets the needs of people in receipt of and delivering palliative care and support across all sectors.
- 4.4 The Plan
- defines what palliative care and support is within the context of this document
 - describes the vision and model for palliative care and support in Dumfries and Galloway
 - highlights the current challenges in sustaining and maintaining safe, effective, high quality palliative care and support
 - describes how Dumfries and Galloway Health and Social Care Partnership (the Partnership) will action and implement relevant local, regional and national strategies.
- 4.5 The Plan acknowledges that this may require changes to models of care and support, developing new delivery methods or considering areas where disinvestment may be possible to enable a ‘shifting’ of resource.

5. Conclusions

- 5.1. Considerable work needs to take place to make palliative care and support more sustainable in Dumfries and Galloway.
- 5.2. Actions identified in the Plan aim to support the work needed and make access to high quality palliative care available to all who need it.
- 5.3. Achieving the vision of the Plan is only possible if all areas of the Partnership work together to look at different ways to deliver care and make better use of resources.

SECTION 2: COMPLIANCE WITH GOVERNANCE STANDARDS

6. Resource Implications

- 6.1. There will be resource implications to implementing the Plan. Work is ongoing to consider the various ways in which these may be identified

7. Impact on Integration Joint Board Outcomes, Priorities and Policy

- 7.1. The Making it Happen section of the plan, links directly to the 10 priority areas of focus for health and social care in Dumfries and Galloway and the 9 National Health and Wellbeing Outcomes as identified in the Dumfries and Galloway Health and Social Care Integration Joint Board, Strategic Plan (2018 – 2021).

- 7.2. The Plan supports the 4 outcomes of the Strategic Framework for Action on Palliative and End of Life Care (2016-2021) (Strategic Framework).

- 7.3. Other relevant strategies and reports that the Plan is likely to impact on or be impacted by include
- Realising Realistic Medicine: Chief Medical Officer for Scotland Annual Report 2015-2016
 - Clinical Standards for Specialist Palliative Care (2002)
 - The Carers Strategy 2017-2021
 - The Dumfries and Galloway Digital Health and Care Strategy
 - Housing with Care and Support Strategy
 - Learning Disability Strategy for Dumfries and Galloway (2020-2024)

8. Legal & Risk Implications

- 8.1. There are potential impacts to current practice and service provision from actions within the Plan.

- 8.2. There is a significant risk that not having a Plan for Palliative Care in place will contribute to an unsustainable service due to the increased pressure on current palliative care provision.

9. Consultation

- 9.1. A draft Statement of Consultation for the Plan can be seen in Appendix 2.

- 9.2. The initial consultation took place from 14 January to 26 April 2019 the report summarising this feedback results can be found in Appendix 3.

- 9.3. The current phase of engagement started on 8 November and closes at midnight on 19 Jan 2020 - comments received from committees and forums up until midnight on 4 February will be included in the editing process.

10. Equality and Human Rights Impact Assessment

- 10.1. Equalities implications have been considered throughout the process of developing the Plan. An Equalities Impact Assessment has been completed with partners for the Plan and no negative impacts were identified.

11. Glossary

- 11.1. All acronyms and full titles of documents have been set out in full the first time they appear in this paper with the acronym or abbreviation following in brackets.