



Dumfries and Galloway
Integration Joint Board

29th October 2020

This Report relates to
Item 6 on the Agenda

Transforming Wigtownshire Programme Update

(Paper presented by John Ross and Stephanie Mottram)

For Noting

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| <p>List of Background Papers:</p> | <p>Transforming Health and Social Care in Wigtownshire Integration Joint Board – Clinical and Care Governance Committee, 28th February 2018 Making the Most of Galloway Community Hospital – Health and Social Care Senior Management Team, 11th October 2017 Dumfries and Galloway Integration Joint Board Service Planning Framework, September 2017 (Service Planning Framework) Scottish Government National Standards for Community Engagement, 2016 (National Standards for Community</p> |

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| | Engagement Wigtownshire Locality Plan 2016 – 2019 Health and Social Care Partnership - Digital Health and Care Strategy Health & Wellbeing Model Guidance - Dumfries and Galloway (2019) |
| Appendices: | Appendix One – Transforming Wigtownshire Programme Report May 2019 to May 2020 |

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| Direction Required to Council, Health Board or Both | Direction to: | |
| | 1. No Direction Required | X |
| | 2. Dumfries and Galloway Council | |
| | 3. NHS Dumfries and Galloway | |
| | 4. Dumfries and Galloway Council and NHS Dumfries and Galloway | |

1. Introduction

- 1.1 This Paper reports on Phase 1 of the Transforming Wigtownshire Programme (TWP) and provides recommendations for Phase 2 on the delivery of sustainable health and social care services that best meet the need of the locality community.

2. Recommendations

2.1 The Integration Joint Board is asked to note:

- **The content of the Transforming Wigtownshire Programme Report at Appendix 1**
- **The key achievements of Phase 1 of the Programme**
- **The key priority areas of work which have been identified in Phase 2**
 - **Build upon the coproduction and engagement strategies for continued work with staff and communities**
 - **Digital and Technology – ARMED Programme Pilot Updates**
 - **Making the most of the Galloway Campus (Primary, Community and Secondary Care joint priorities)**
- **The learning from the Covid 19 response to inform new ways of working across Wigtownshire and support the development of the project plans**

3. Background and Main Report

- 3.1 The Transforming Wigtownshire Programme sets out a different approach in its aim to develop new models of sustainable, safe and effective health and social care services to meet the needs of the local community.

- 3.2 Coproduction as an approach was one of the most positive outcomes as evidenced in the programme evaluation. The transpired coupled with the ability to have frank conversations around the challenges we faced together created trust and helped reduce the anxiety that change often brings.

- 3.3 An independent Chair and Programme Board members were recruited largely from the Wigtownshire community with varied backgrounds and experiences. A Project Manager was appointed to support the Programme Board and ensure there were links to relevant experts, the locality management team, short life working groups and the Communication and Coproduction Group.

- 3.4 Engagement and awareness workshops and events were undertaken with key stakeholders and the local community. The output from these helped to inform the development of the Programme.

- 3.5 Six workstreams were established to support development and delivery of Phase 1 of the Programme:

- Communication and Education
- Health and Wellbeing
- Making the most of Galloway Community Hospital Campus
- South Machars Community Digital Hub
- Housing Care and Support
- Women and Children's Family Centre (now known as the Oak Tree Family Centre)

- 3.6 The Table below summarises what has been achieved during Phase 1 and the

recommendation for Phase 2 from these workstreams:

| Workstream | Phase 1 | Phase 2 |
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| Communication and Education | <p>Variety of communication mediums used to communicate with, provide information to and information from communities, staff and partners eg. Wigtownshire Health and Wellbeing Facebook (over 2000 followers) and MailChimp.</p> <p>Local information hubs in five community council areas: access point for local information to support health and wellbeing; supported by local people (Community Partners). Digital version available, in the interim, in the NHS Inform Services Directory</p> | <p>Communication and engagement will continue using existing mediums such as the local facebook page and the Health and Wellbeing Partnership</p> <p>Digital version will remain on the NHS Inform Service Directory and updated as required.</p> |
| Community Education Events | <p>Three events:</p> <p>Navigating Life's Journey – helped to shape the programmes of work and other work out with the direct scope of the programme e.g. anticipatory care planning</p> <p>Enabling People to Live Better for Longer (Healthy Ageing and LifeCurve) – event was delivered by Professor Gore who is at the forefront of developing approaches to healthy ageing.</p> <p>Planning Life's Journey – event focussed on Anticipatory Care Plans (ACP) and Power of Attorney (POA).</p> | <p>Learning from the events needs to be considered in relation to Home Teams in particular the early adopter sites.</p> <p>In particular:</p> <p>LifeCurve as an approved app for health and social care professionals</p> <p>Continued focus and awareness raising of ACP and POA</p> <p>Share learning and opportunities from the events with other localities</p> |
| Health and Wellbeing | <p>Two European funded projects; mPower and CoHSync.</p> <p>mPower – self management approach to empower people aged 65 and older to take control of their long term conditions at home by using technology. 193 outcome focussed plans (incorporating ACP's) and 587 eHealth interventions (Florence/NHS Attend Anywhere and My Diabetes, My Way delivered.</p> <p>Deployment of community navigator to the Galloway Hospital to assist patient flow (as a response to COVID-19) provided greater understanding of opportunities where mPower and wider health and wellbeing team could be used to enhance a patients discharge from hospital back into a community setting.</p> <p>CoH Sync – 507 health and wellbeing plans delivered to people 18 years and over to support healthier lifestyle choices.</p> | <p>Maximise the opportunity offered through the two European funded projects over the next eighteen months by:</p> <ul style="list-style-type: none"> • Embedding health and wellbeing approaches, as well as early interventions into new models of health and social care e.g. Home Teams; Discharge from hospital to home/or community setting • Share learning with SAM programme in particular ARMED trial. • Continue to work with and support clinical teams to think 'digital first' by introducing eHealth solutions into their practice. |

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| | <p>ARMED Trial (Advanced Risk Modelling for Early Detection) – 70 people identified as having an elevated risk of falls from four different settings; sheltered accommodation, residential care home, care at home and GP practices will be part of the 12 month trial (original implementation date delayed from April to July 2020 due to COVID-19 and procurement challenges).</p> | |
| <p>South Machars Digital Hub</p> | <p>A community digital hub six month trial was agreed in February 2020 with Southern Machars Community Centre Management Team. The hub will provide a platform for people in Southern Machars to access selected NHS services from a community based facility.</p> | <p>Community digital hub trial is currently on hold due to COVID-19 restrictions. Discussions are ongoing to find a safe way forward.</p> |
| <p>Making the Most Of Galloway Community Hospital</p> | <p>Initial focus was on: - Inpatient/Unscheduled Care and Elective/Scheduled Care</p> <p>A plan was produced to support the development of a four bedded area in Garrick ward to expand out-patient and ambulatory care services as well as improve in-patient unscheduled care</p> <p>Some progress on the plan was initially halted with the COVID-19 restrictions but the plans to upscale and deliver technological solutions continued i.e. NHS Near Me.</p> <p>It should be noted that the opportunities were not maximised in relation to Primary, Secondary and Community Care.</p> | <p>Maximise the opportunities in relation to Primary, Secondary and Community Care in particular the provision of community beds out with an NHS inpatient setting.</p> <p>Continue the journey towards integrated care by reviewing the concept of the Galloway Community Campus in line with the development of Home Teams.</p> |
| <p>Housing Care and Support</p> | <p>In partnership with Loreburn Housing, Guardians, Care Providers, Parents and Additional Support Personnel three service users with a learning disability and one with a physical disability will move to a purpose built facility at the former Garrick Hospital Site in Stranraer.</p> <p>Initial scoping of future models of care and service provision as a partnership model within Newton Stewart.</p> | <p>The main focus will be on: -</p> <ul style="list-style-type: none"> • developing a detailed plan of the partnership model in Newton Stewart and • continue to scope housing care and support opportunities in particular extra care housing. |
| <p>Women, Children and Family Services</p> | <p>Transforming Wigtownshire team supported the operational group overseeing the development of the co-location of Women, Children and Family services in Stranraer. Operational group wanted to incorporate learning from the engagement and co-production approaches adopted by the TWP.</p> | |

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| | Naming of the new facility was co-produced with children who live in Wigtownshire. | |
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Appendix 1 reports on Phase 1 with the plans for developing and delivering new models of care and support throughout Wigtownshire detailed for Phase 2

4. Conclusions

4.1 Based on the information provided throughout this Report and **Appendix 1**, Members are informed of the progress to date during Phase 1 and the planned delivery of Phase 2 of the Transforming Wigtownshire Programme.

5. Resource Implications

5.1 The funding for the Independent Chair of the Programme Board, of 4 days per month, will no longer exist from.....

5.2 The two European funded projects, MPower and CoHSync will cease from December 2021.

6. Impact on Integration Joint Board Outcomes, Priorities and Policy

6.1 The Transforming Wigtownshire Programme directly related to the Integration Joint Boards (IJB) Health and Social Care Strategic Plan, Wigtownshire Locality Plan and the nine National Health and Wellbeing Outcomes for Health and Social Care.

7. Legal and Risk Implications

7.1 As this paper is an update on the TWPB there are no legal or risk implications identified.

8. Consultation

8.1 This Report has been developed in consultation with Transforming Wigtownshire Programme Board, Transforming Wigtownshire Implementation Group and Community Health and Social Care Management Team.

8.2 It should be noted that members of the public as well as Ward Officers and Community Council Members sit on the TWIG and TWPB non executive group.

9. Equality and Human Rights Impact Assessment

9.1 An EQIA was completed in December 2019 and filed with dumf-uhb.Equality/Impact/Assessment@nhs.net

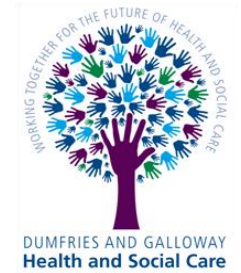
10. Glossary

10.1 All acronyms must be set out in full the first time they appear in a paper with the acronym following in brackets.

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| ACP | Anticipatory Care Plan |
| CCPG | Communication and Coproduction Project Group |
| CoHSync | Community Health Synchronisation Project |
| EQIA | Equalities Impact Assessment |

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| GCH | Galloway Community Hospital |
| HIIA | Health Inequalities Impact Assessment |
| HSCSMT | Health and Social Care Senior Management Team |
| IJB | Integration Joint Board |
| mPower | Social Prescribing and Digital Health Intervention |
| POA | Power of Attorney |
| PEG | Programme Executive Group |
| SEUPB | Special European Programme Body |
| STARS | Short Term Assessment and Reablement Service |
| TWIG | Transforming Wigtownshire Implementation Group |
| TWP | Transforming Wigtownshire Programme |
| TWPB | Transforming Wigtownshire Programme Board |
| WHWBT | Wigtownshire Health and Wellbeing Team |
| WLMT | Wigtownshire Locality Management Team |
| WS | Workstream |

Dumfries and Galloway Integration Joint Board



DIRECTION

(ISSUED UNDER SECTIONS 26-28 OF THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014)

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| 1. | Title of Direction and Reference Number | |
| 2. | Date Direction Issued by Integration Joint Board | |
| 3. | Date from which Direction takes effect | |
| 4. | Direction to | |
| 5. | Does this direction supersede, amend or cancel a previous Direction? If yes, include the reference number(s) | |
| 6. | Functions covered by Direction | |
| 7. | Full text of Direction | |
| 8. | Budget allocated by Integration Joint Board to carry out Direction | |
| 9. | Desired Outcomes | |
| 10. | Performance Monitoring Arrangements | |
| 11. | Date Direction will be Reviewed | |