

Support Group Dates for 2023

February 7th

March 7th

April 4th

May 2nd

June 6th

July 4th

August 1st

September 5th

October 3rd

November 7th

December 5th

MACMILLAN
CANCER SUPPORT



Cancer Support Group Meetings for 2023



Oncology Department reception area
Dumfries and Galloway Royal Infirmary
Cargenbridge
Dumfries
DG2 8RX

Cancer Support Group

Who can attend the group?

- People who have or have had cancer and their family and friends

What does the group offer?

The group offers an opportunity for people who are in a similar situation to share their feelings, experiences and listen to others.

What are the aims and purpose of the group?

- To let people meet on a regular basis
- To share feelings and experiences
- To share ideas and information
- To provide support
- To learn from others
- To know you are not alone

When does the group meet?

The group meets on the **first Tuesday** of every month (except January) from **7pm to 8.30pm**

You don't, however, need to attend every month.

Where does the group meet?

The group meet in the -
Oncology Department Reception area
Dumfries and Galloway Royal Infirmary

How is the group run?

It is a self help and discussion group led by Claire Drummond – Macmillan Cancer Information & Support Centre Manager.

Group members are asked to maintain confidentiality within the group and provide a safe and welcoming environment.

How do I join?

You can either just come along on the night or phone beforehand for an informal chat.

You are requested to undertake a lateral flow test before coming to a meeting and not to attend if it is positive

For further information

Please contact **Claire Drummond**
Tel: 01387 241978 or
Email: claire.drummond2@nhs.scot

Support Group dates for February to December 2023 are listed overleaf