

Integration Joint Board
Strategic Plan Delivery and Commissioning Committee

26th October 2023

This Report relates to
Item 10 on the Agenda

Carers Strategy Delivery Plan

Paper presented by Viv Gration

For Approval

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Paper Approved for Submission By:	David Rowland, Director of Strategic Planning and Transformation david.rowland2@nhs.scot
List of Background Papers:	Dumfries and Galloway Carers Strategy 2017 – 2020 National Carers Strategy 2022 Dumfries and Galloway IJB Strategic Commissioning Plan 2022- 2025 Carers (Scotland) Act 2016 Statutory Guidance (updated 2021)
Appendices:	Appendix 1 - Notes from Carer Programme Board Workshop on National Carers Strategy Appendix 2 - Carers Strategy Delivery Plan - Draft Engagement Plan

1.	<p>Introduction</p> <p>1.1. The Scottish Government published a new National Carers Strategy in December 2022. This paper sets out work required to develop a local delivery plan for that strategy.</p>
2.	<p>Recommendations</p> <p>2.1 The IJB Strategic Plan Delivery and Commissioning (SPDC) Committee is asked to:</p> <ul style="list-style-type: none"> • Note the publication of a National Carers Strategy 2022 • Note that there is no longer a statutory requirement for a local carers strategy • Approve and recommend to the Integration Joint Board: <ul style="list-style-type: none"> ○ the development of a Dumfries and Galloway Carers Strategy Delivery Plan 2024 – 2027; and ○ the Draft Engagement Plan, including timeline for delivery
3.	<p>Background and Main Report</p> <p>3.1. Unpaid Carers are a crucial part of health and social care delivery and supporting them to continue in their caring role, should they wish to do so, is one of the nine National Health and Wellbeing Outcomes as well as the local Integration Joint Board Strategic Commissioning Intentions.</p> <p>3.2. At the last census (2011) there were an estimated 15,000 Carers in Dumfries and Galloway, however the current number is estimated to be nearer 20,000.</p> <p>3.3. Dumfries and Galloway has developed local Carers Strategy since the enactment of the Carers (Scotland) Act 2016 in line with statutory requirements. When the act guidance was updated in 2021 it removed the need for local Carers Strategies.</p> <p>3.4. The period of relevance for the Dumfries and Galloway Carers Strategy 2017 – 2020 was extended to March 2021 due to planned production of a new National Carers Strategy. The National Carers Strategy was published by the Scottish Government in December 2022 following significant delays due to the Covid-19 pandemic (see background papers).</p> <p>3.5. The strategy highlights how vital unpaid care is to social care across Scotland and that the dedication and expertise of Carers cannot be overstated and sets out a range of actions to ensure Carers are fully supported in a joined up and cohesive way.</p> <p>3.6. The National Carers Strategy refers to and acknowledges local authorities and integration authorities have a duty under the Carers (Scotland) Act 2016 to ensure that</p> <ul style="list-style-type: none"> • Carers have the right to breaks from caring • Carers of people living with neurological conditions are aware of their rights under the Act

- Local Carer services know how to access the most relevant information and training for Carers of people living with neurological conditions

- 3.7. The key themes of the strategy intend to put the individual carer at the centre and focus on five different aspects of unpaid carer support:
- Living with COVID-19
 - Recognising, valuing and involving carers
 - Health and social care support
 - Social and financial inclusion
 - Young carers
- 3.8. Annex A of the National Carers Strategy contains an Action Plan with a list of 89 Actions to be undertaken by the Scottish Government.
- 3.9. On 20 April 2023 a workshop was attended by members of the Carers Programme Board (CPB) and the Carers Interest Network (CIN) to consider a local response to the strategy. A number of outputs were produced at the workshop, see Appendix 1. These included:
- A SWOT analysis of the current local offering for Carers
 - For each theme in the national strategy – what is currently being delivered and what else could be delivered to support this theme
 - Agreement that a local Carers Strategy Delivery Plan should be developed with full involvement of Carers across the region
 - What questions should we be asking Carers during the engagement process to develop a local delivery plan
- 3.10. A draft engagement plan for the Carers Delivery Plan has been developed (See Appendix 2) to ensure stakeholders have the opportunity to be fully involved in the development of the Carers Delivery Plan.
- 3.11. The core messages from the engagement plan are that
- The Plan must be developed with the input of people who are affected by it, including Carers and Carer organisations and other relevant stakeholders.
 - Good engagement/consultation and good communication with stakeholders is central to effective planning and development of plans and strategies. This ensures people’s voices are heard and we learn from their lived experience and shared knowledge.

4. Conclusions

- 4.1 The National Carers Strategy provides a comprehensive guide to what is expected in respect of supporting Carers across Scotland in line with the Carers (Scotland) Act 2016.
- 4.2 The Carers Interest Network and Carers Programme Board feel that a Carers Strategy Delivery Plan should be developed for Dumfries and Galloway. Therefore it is proposed that a direction is sought from IJB to develop the delivery plan before the end of March 2024.
- 4.3 In order to ensure the voices of people who are likely to be impacted by the National Carers Strategy are heard, proportionate engagement should take place with stakeholders.

5.	Resource Implications														
5.1	This delivery plan can be developed within current Carers Act Funding resources.														
5.2	Estimated costs would be £3000 for venue hire for engagement activities, refreshments and printing costs.														
6.	Impact on Integration Joint Board Outcomes, Priorities and Policy														
6.1	<p>Having a Carers Delivery Plan for Dumfries and Galloway would meet National Health and Well Being Outcomes (NHWBO)</p> <ul style="list-style-type: none"> • NHWBO 5 Health and social care services contribute to reducing health inequalities • NHWBO 6 People who provide unpaid care are supported to look after their own health and wellbeing including to reduce any negative impact of their caring role on their own health and wellbeing. <p>IJB Strategic Commissioning Intentions (SCI)</p> <ul style="list-style-type: none"> • SCI 6 People who deliver care and support, including Carers and volunteers, feel valued, are supported to maintain their wellbeing and enabled to achieve their potential. <p>These are detailed on page 6 of the IJB Strategic Commissioning Plan 2022-2025</p>														
7.	Legal and Risk Implications														
7.1.	There is a legal requirement to support Carers as described in section 3.5.														
7.2.	If Carers are not supported in their caring role there is a risk that the demand for paid health and social care will increase significantly.														
8.	Consultation														
8.1	This paper sets out a communications, engagement and consultation plan for the work described.														
8.2	This contents of this paper have been as a result of engagement with Carers Programme Board and Carers Interest Network														
9.	Equality and Human Rights Impact Assessment														
9.1.	In line with the Equality Act 2010 and public sector equality duty and Equality Impact Assessment will be developed with appropriate stakeholders and partners in respect of the development of a Carers Delivery Plan for Dumfries and Galloway. This will be published in due course.														
10.	Glossary														
	<table border="1"> <tr> <td>EQIA</td> <td>Equalities Impact Assessment</td> </tr> <tr> <td>IJB</td> <td>Integration Joint Board</td> </tr> <tr> <td>CPB</td> <td>Carers Programme Board</td> </tr> <tr> <td>CIN</td> <td>Carers Interest Network</td> </tr> <tr> <td>NHWBO</td> <td>National Health and Well Being Outcomes</td> </tr> <tr> <td>SPDC</td> <td>Strategic Planning, Delivery and Commissioning</td> </tr> <tr> <td>SCI</td> <td>Strategic Commissioning Intentions</td> </tr> </table>	EQIA	Equalities Impact Assessment	IJB	Integration Joint Board	CPB	Carers Programme Board	CIN	Carers Interest Network	NHWBO	National Health and Well Being Outcomes	SPDC	Strategic Planning, Delivery and Commissioning	SCI	Strategic Commissioning Intentions
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