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Right Care, Right Place

# Home Teams Information

April 2024

# Home Teams

A Home Team is a team of multi-disciplinary professionals who work together to help meet the needs and outcomes of individuals in the community. Home Teams encourage and support individuals to lead an independent and healthy life at home. Family, friends, Carers and community services can be part of that support. There are eight Home Teams in Dumfries and Galloway, one in each locality. Each Home Team is linked to a GP practice.

Home Teams, established in recent years, brings together existing workforce from within Community Health and Social Care - integrating Community Nursing, a range of Allied Health Professionals, Patient Flow, Reablement, Adult Social Work Services, Public Health Improvement and Business Support. Working in this way supports better coordination of care and support to enable Home Teams to adapt to meet the needs of their local population.

Home Teams aims to deliver on 5 different aspects of care and support in people's own homes:

**Rapid response** - Providing urgent care and support in the community when someone is in a crisis situation, hopefully preventing the need for someone to be admitted to hospital.

**Discharge to assess** - Supporting people to be discharged from hospital on time and to have a comprehensive assessment of their needs in their own home.

**Reablement and rehabilitation** - Supporting people to recover from a period of ill health, or from a planned operation, and regain their independence.

**Health and wellbeing** - Supporting people to make positive lifestyle changes to improve their health and wellbeing outcomes.

**Palliative and end of life care** – Supporting people's wishes to remain in their own home (where possible).

Home Team	Aligned GP practices	Estimated total population
Lower Annandale and Eskdale	Greencroft Medical Practice North, Greencroft South Medical Group, Gretna Surgery, Canonbie Surgery, Langholm Medical Partnership	23,000 people
Mid and Upper Annandale and Eskdale	Moffat Doctors, Lockerbie Medical Practice, Lochmaben Medical Group, Ecclefechan Surgery,	18,000 people
Dumfries Town (South)	Gillbrae Medical Practice, St Michaels Medical Centre, Shebburn Medical Practice	22,000 people
Dumfries Town (North)	Greyfriars Medical Centre, Charlotte Medical Practice, Lochthorn Medical Centre	27,000 people
Mid and Upper Nithsdale	Cairn Valley Medical Practice, Thornhill Medical Practice, Upper Nithsdale Group Practice	10,000 people
Stewartry	Castle Douglas (Dr Oliver and Partners), Castle Douglas Medical Group, Dalbeattie Medical Practice, Glenkens Medical Practice, Solway Medical Group	23,000 people
Machars	Cairnsmore Medical Practice, Galloway Hills Medical Group, Southern Machars Practice	12,000 people
Rhins	Lochnaw Practice, Lochinch Practice, Loch Ree Practice, Mull of Galloway Practice, Sandhead Surgery, Glenluce Surgery	17,000 people