

4<sup>th</sup> March 2025

This Report relates to  
Item 9 on the Agenda

# Draft Carers Strategy Delivery Plan

*Paper presented by Liz Forsyth*

*For Approval*

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<b>List of Background Papers:</b>	<a href="#">Strategic Commissioning Plan</a> <a href="#">National Carers Strategy</a> 17.12.24 - IJB - Carers Strategy 21.01.25 - HSCPDC - Carers Delivery Plan 23.01.25 - HSCPSLG – Carers Delivery Plan
<b>Appendices:</b>	<b>Appendix 1</b> - Dumfries and Galloway Carers Strategy 2025 – 2028 <b>Appendix 2</b> - Draft Carers Strategy Delivery Plan 2025 – 2028 <b>Appendix 3</b> - Equality Impact Assessment

Direction Required to Council, Health Board or Both	Title: Carers Strategy		Reference Number:		
	<b>Direction to:</b>				
	1. No Direction Required				
	2. Dumfries and Galloway Council				
	3. NHS Dumfries and Galloway				
4. Dumfries and Galloway Council and NHS Dumfries and Galloway				X	

## **1. Introduction**

- 1.1 It is a legal requirement that the Integration Joint Board (IJB) have a local Carers Strategy. The Dumfries and Galloway Carers Strategy 2025 – 2028: 'More of the same won't do' (Appendix 1) was approved by the IJB on 17 December 2024.
- 1.2 A draft Carers Strategy Delivery Plan (Delivery Plan) with initial budget information is attached (Appendix 2).

## **2. Recommendations**

### **2.1 The Integration Joint Board is asked to:**

- **Approve the final draft Carers Strategy Delivery Plan, including the actions, timeframes and performance measures.**
- **Approve the proposed Direction in relation to delivery of the Carers Strategy and Delivery Plan to both Parties.**

## **3. Background and Main Report**

- 3.1 The IJB approved the Dumfries and Galloway Carers Strategy 2025 – 2028 at their meeting on 17 December 2024.
- 3.2 At that meeting it was agreed that a Delivery Plan would be developed and that a Direction should be issued.
- 3.3 The Carers Strategy was developed with Carers and Carer Support Organisations and is focused on the identification of Carers as well as Carers Rights.
- 3.4 The Carers Strategy Delivery Plan
- 3.5 The Delivery Plan is split into 4 main themes based on what Carers told us would have the biggest impact on them.
- Identification - identifying Carers early, acknowledging their lived experience and involving them in the way we plan and deliver care and support is most important to them.
  - Rights - recognise and value Carers, their caring role and understand Carers Rights.
  - Short Breaks - access to Short Breaks for respite will enable Carers to continue their caring role for longer.
  - Access - support, advice and benefits information should be readily available to people, whether they identify or register as a Carer or not.
- 3.6 The draft Delivery Plan also sets out a budget for each theme alongside initial actions and indicative timeframes and performance measures. This is based on the spend on 5 categories (shown in Table 1 below) in the financial year 2024/25.

## **4. Conclusions**

- 4.1 The Carers Scotland Act 2016 sets out legislative duties for supporting Carers. The Dumfries and Galloway Carers Strategy 2025 – 2028 and associated Delivery Plan will support the IJB and Health and Social Care Partnership to meet this duty.
- 4.2 The Carers Strategy and Delivery Plan aim to achieve the vision that ‘Carers are valued, their rights are upheld and respected, and their own health and wellbeing acknowledged and supported’
- 4.3 Work undertaken through the Carers Survey and other engagement activities has helped to ensure that Carers experiences have informed the Carers Strategy and draft Delivery Plan including the allocation of resources.

## 5. Resource Implications

- 5.1 Dumfries and Galloway Council is currently in the midst of its budget setting process.
- 5.2 The Health and Social Care Partnership spent £2.1m in 2024/25.
- 5.3 At this stage the draft Delivery Plan budget is based on that same funding being available in 2025/26 see Table 1

Table 1		Themes			
Identifiable Carer's Spend Summary	£	Identification	Rights	Breaks	Access
Commissioned Carers respite support	710,102	(40%) 284,041	(30%) 213,031	0	(30%) 213,031
Commissioned support	330,473	0	0	(100%) 330,473	0
Spot purchase respite support	709,627	0	0	(100%) 709,627	0
Staff Posts	105,919	(40%) 42,368	(30%) 31,776	0	(30%) 31,776
Carers Act Funding distributed at the discretion of CPB	214,666	(40%) 85,866	(30%) 64,400	0	(30%) 64,400
<b>Total Spend</b>	<b>2,070,787</b>	<b>412,275</b>	<b>309,206</b>	<b>1,040,100</b>	<b>309,206</b>

- 5.4 During the December Budget Statement, the Scottish Government committed a further £5m to the Voluntary Sector Short Breaks Fund. The Dumfries and Galloway share of this funding is currently unknown.
- 5.5 It is understood that the additional money will be distributed through Third Sector partners with details yet to be clarified.

## 6. Impact on Integration Joint Board Outcomes, Priorities and Policy

- 6.1 Having a Carers Strategy and Delivery Plan for Dumfries and Galloway would meet National Health and Well Being 5 and 6

- 5 Health and social care services contribute to reducing health inequalities.
- 6 People who provide unpaid care are supported to look after their own health and wellbeing including to reduce any negative impact of their caring role on their own health and wellbeing.

#### IJB Strategic Commissioning Intentions (SCI)

- SCI 2 Fewer people experience health and social care inequalities
- SCI 3 People and communities are enabled to self-manage and supported to be more resilient.
- SCI 6 People who deliver care and support, including Carers and volunteers, feel valued are supported to maintain their wellbeing and enabled to achieve their potential.
- SCI 7 People's chosen outcomes are improved through available financial resources being allocated in line with the Model of Care and delivering best value

### **7. Legal and Risk Implications**

- 7.1 There is a legal requirement to support Carers under the Carers Scotland Act 2016.
- 7.2 If Carers are not supported in their caring role there is a risk that the demand for paid health and social care will increase significantly.

### **8. Consultation**

- 8.1 The content of this paper is a result of lengthy engagement with the Carers Programme Board and Carers Interest Network, Carers support organisations and Carers.
- 8.2 Engagement with partners and relevant stakeholders has been undertaken over the last 18 months through online and in person meetings.
- 8.3 An online survey opened on 19 January 2024 and closed on 7 April 2024. This was supplemented with in person meetings across the region lead by the Carer Facilitator.
- 8.4 Information about the survey was shared widely across health and social care, using existing networks, distributions lists, as well as through posters, websites and social media posts.
- 8.5 Engagement continued throughout the development of the Carers Strategy and Delivery Plan – with workshops and presentations online and face to face, across the region.
- 8.6 The Draft Delivery Plan has been presented to the Carers Programme Board, Carers Interest Network, Strategic Plan Delivery and Commissioning Committee, Health and Social Care Senior Leadership Group and shared with the Strategic Planning Group.

### **9. Equality Impact Assessment**

9.1 In line with the Equality Act 2010 and public sector equality duty an Equality Impact Assessment has been undertaken with appropriate stakeholders and partners in respect of the development of the Carers Strategy and Delivery Plan See Appendix 3.

**10. Glossary**

<b>EQIA</b>	<b>Equality Impact Assessment</b>
<b>IJB</b>	<b>Integration Joint Board</b>
<b>SCI</b>	<b>Strategic Commissioning Intention</b>
<b>HSCSLG</b>	<b>Health and Social Care Senior Leadership Group</b>
<b>SPDCC</b>	<b>Strategic Planning Delivery and Consultation Committee</b>



## Dumfries and Galloway Integration Joint Board

### DIRECTION

### (ISSUED UNDER SECTIONS 26-28 OF THE PUBLIC BODIES (JOINT WORKING) (SCOTLAND) ACT 2014)

To	DGC and NHS DG
Date issued	04/03/2025
Date takes effect	01/04/2025
Reference Number	IJBD2501
Title	Deliver the Carers Strategy Delivery Plan 2025 -2028
Anticipated due date	31/03/2028
Supersede, amend or cancel a previous Direction? If yes, provide direction reference number	Yes - IJBD0317 Implement the new Carers (Scotland) Act 2016

#### Detail

Activity covered by Direction	To deliver, within the agreed delegated budget, the Carers Strategy Delivery Plan including: <ol style="list-style-type: none"> <li>1. Commissioned Carers respite support</li> <li>2. Commissioned support</li> <li>3. Spot purchase respite support</li> <li>4. Staff Posts</li> <li>5. Carers Act Funding - distributed at the discretion of Carers Programme Board</li> </ol>
Functions covered by Direction	All DGC and NHS functions where Carers Identification, Carers Rights, Carers Breaks and Carers Access take place.
Budget allocated by IJB to carry out the Direction	2025/26 £2.07 million (2026/27 and 2027/28 years to be confirmed as part of the budget setting process) across the following themes: Identification £412k Rights £309k Breaks £1,040k Access £309k  Any additional funding which is allocated within year will be set aside for supporting Carers specifically.

#### Responsible for delivery

Organisation/s	DGC and NHS DG
HSCP Directorate	Community Health and Social Care
Lead Officer	General Manager - Community Health and Social Care

## Anticipated delivery

Implementation Plan	As detailed in the Carers Delivery Plan.
Desired Outputs	To meet the anticipated targets as described in the Delivery Plan.
Desired Outcomes	<p><b>Identification:</b> Identifying Carers early, acknowledging their lived experience and involving them in the way we plan and deliver care and support</p> <p><b>Rights:</b> People recognise and value Carers, their caring role and understand Carers Rights</p> <p><b>Breaks:</b> Access to short breaks for respite; enabling Carers to continue their caring role for longer.</p> <p><b>Access:</b> Support, advice and benefits information readily available to people; whether they identify or register as a Carer or not.</p>

## Impact

National Health and Wellbeing Outcomes	<p><b>Outcome 5</b> - Health and social care services contribute to reducing health inequalities.</p> <p><b>Outcome 6</b> - People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being.</p>
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## Monitoring Arrangements

Performance Monitoring Arrangements	<p>This Direction will comply with the IJB Directions Performance Reporting Procedure. Updates on progress submitted quarterly and collated within a combined Directions Progress Report for consideration by:</p> <ol style="list-style-type: none"> <li>1. HSCP Leadership Group</li> <li>2. IJB Finance, Performance and Quality</li> <li>3. Integration Joint Board</li> </ol> <p>NHS DG and DGC are required to ensure that this IJB Direction is embedded within current governance arrangements within each organisation.</p>
Key Performance Indicators to be monitored	<p><b>Performance Measures</b></p> <p>10% annual increase in people completing 'Think Carer' training</p> <p>Minimum of 12 promotional events per year</p> <p>Improved experience reflected in Carers Survey Results (10% increase in completed surveys annually)</p> <p>10% increase in number of organisations that are Carer Positive employers</p> <p>Carers Lead post filled on permanent basis</p>

	<p>At least 60 people complete Equal Partners in Care training each year</p> <p>Increased Carers involvement in hospital discharge and contributions to planning of care are reflected in internal audit and Excellence in Care results</p> <p>Up to date short breaks statement published on website</p> <p>Number of people supported with respite in intermediate bed based care is recorded and increased by 5% annually</p> <p>Formal evaluation of 'good night's sleep' programme</p> <p>Formal evaluation of short term residential at home and day care respite</p> <p>Suite of materials, including digital and web based</p> <p>Number of adult support plans increased by 5% annually</p> <p>New approach to commissioning support for Carers is established</p> <p><b>Did it work:</b></p> <p>We will see a greater number of people referred through the services we commission to support Carers</p> <p>The proportion of people who respond to the Health and Care Experience Survey who identify as Carers will increase and</p> <ul style="list-style-type: none"> <li>• they feel they have a say in the services that are provided for the person they look after will increase</li> <li>• they feel local services are well coordinated for the person they look after will increase</li> <li>• feel supported to continue caring will increase</li> <li>• feel they have a good balance between caring and other things in their life will increase</li> </ul> <p>A greater number of people referred through the services we commission to support Carers.</p>
Date Direction will be reviewed	Quarterly performance monitoring as detailed in the performance reporting procedure.