



Dumfries and Galloway  
Integration Joint Board

23<sup>rd</sup> September 2025

This Report relates to  
Item 8d on the Agenda

# Update from the IJB Transformation, Innovation and Futures Committee

*Paper presented by Gwilym Gibbons*

*For Noting*

<b>Author:</b>	Amber Murray – EA to Chief Officer <a href="mailto:Amber.murray2@nhs.scot">Amber.murray2@nhs.scot</a>
<b>Approved for Submission by:</b>	Gwilym Gibbons, Interim Chair of the IJB Transformation, Innovation and Futures Committee
<b>List of Background Papers:</b>	None
<b>Appendices:</b>	None

<b>Direction Required to Council, Health Board or Both</b>	<b>Title</b>	
	<b>Reference Number</b>	
	<b>Direction to:</b>	
	1. No Direction Required	X
	2. Dumfries and Galloway Council	
	3. NHS Dumfries and Galloway	
	4. Dumfries and Galloway Council and NHS Dumfries and Galloway	

1.	<p><b>Introduction</b></p> <p>1.1 The Integration Joint Board (IJB) Transformation, Innovation and Futures Committee met on Tuesday 2<sup>nd</sup> September 2025.</p>
2.	<p><b>Recommendations</b></p> <p>2.1 <b>The Integration Joint Board is asked to:</b></p> <ul style="list-style-type: none"> <li>• <b>Take assurance from the Committee update.</b></li> </ul>
3.	<p><b>Background and Main Report</b></p> <p>3.1 The IJB Transformation, Innovation and Futures Committee considered and discussed three substantive elements of business, as summarised below.</p> <p>3.2 <b>Population Health Framework Presentation</b></p> <p>Valerie White delivered a presentation on the progress of the Population Health Framework, following a workshop on the 28<sup>th</sup> July 2025 which the invite was extended out to IJB and NHS Board Members. The presentation set out the need for change given changing local needs and pressures on the local health and social care system.</p> <p>The framework aligns with national policy documents including the Service Renewal Framework, Operational Improvement Plan, and Public Service Reform. It aims to improve healthy life expectancy and reduce disparities, particularly for women in Dumfries and Galloway.</p> <p>The Committee noted the need for this framework, and Kirsty Bell agreed and supported the need for coherent directions in the prevention space, referencing Audit Scotland’s lack of evidence for preventive efforts.</p> <p>3.3 <b>Dumfries and Galloway Physical Activity Strategy – A System- based approach to increasing population physical activity</b></p> <p>The Physical Activity Strategy was presented, highlighting its vital role in enhancing physical, mental, and economic wellbeing across the region. With 74% of adults not meeting muscle-strengthening guidelines, the strategy adopts a whole-system approach across eight subsystems to embed physical activity throughout life and across sectors. Backed by the NHS Board and Local Authority, the strategy is pending full approval in October 2025. Evidence shows a strong return on investment (£13.37 for every £1), reinforcing its value in prevention and reducing pressure on health and social care services.</p> <p>The committee welcomed the strategy’s commitment to performance and evaluation, including the use of a logic model and academic partnerships. Key discussions focused on resourcing evaluation, using IJB directions to support initiatives, and the need to shift funding from low-value interventions to prevention.</p> <p>A costed implementation plan was proposed to guide future decisions, and the Third Sector’s role in community engagement was emphasised. The committee</p>

agreed on the need for a bold, specific approach and supported developing a delivery plan and reallocating resources to make physical activity a core component of Health and Social Care in Dumfries and Galloway.

### 3.4 **DGHSCP Participation and Engagement Activity Quality Report**

Alexander Campbell, Communications Team Lead, in Rod Edgars absence presented the Quarterly Activity Report to the Committee covering the period May to July 2025.

Committee members noted the updated engagement activities:

- General Medical Services Review workshops are ongoing, with additional virtual sessions scheduled.
- The Participation and Engagement Network continues to grow.
- Plans to establish a Community Oversight Group to ensure diverse representation and improve engagement planning.
- Challenges remain in communicating the identity and role of the IJB to the public and within partner organisations.

## **4. Conclusions**

4.1 The agenda and papers for the meeting on 2<sup>nd</sup> September 2025 were fully considered and discussed by the IJB Transformation Innovation and Futures Committee.

## **5. Resource Implications**

5.1 Not applicable

## **6. Impact on Integration Joint Board Outcomes, Priorities and Policy**

6.1 Not applicable

## **7. Legal and Risk Implications**

7.1 Not applicable

## **8. Consultation**

8.1 Not applicable

## **9. Equality Impact Assessment**

9.1 Not applicable

## **10. Glossary**

<b>EQIA</b>	<b>Equalities Impact Assessment</b>
<b>IJB</b>	<b>Integration Joint Board</b>

