



Dumfries and Galloway
Integration Joint Board
Transformation and Innovation / Futures Committee

**Minute of Dumfries and Galloway
Integration Joint Board Transformation and
Innovation / Futures Committee meeting
held on
2nd September 2025**

For Approval

Minute of the Dumfries and Galloway Integration Joint Board Transformation and Innovation / Futures Committee held on Tuesday 2nd September 2025 at 2pm via Microsoft Teams

Voting Members Present:

| | | |
|----------------|------|------------------------------------|
| Gwilym Gibbons | (GG) | NHS Voting Member (Chair) |
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Advisory Members Present:

| | | |
|--------------------|------|---|
| Kirsty Bell | (KB) | Programme Manager |
| Lynsey Fitzpatrick | (LF) | Equality and Diversity Lead |
| Gareth Marr | (GM) | Interim Chief Officer |
| Amber Murray | (AM) | EA to Chief Officer / Admin Support |
| George Noakes | (GN) | Acting Performance and Intelligence Manager |
| Alan Webb | (AW) | Third Sector Representative |
| Valerie White | (VW) | Director of Public Health |

Supporting Present:

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|--------------------|------|---|
| Alexander Campbell | (AC) | Communications Team Lead |
| Lynn Mann | (LM) | Lead AHP for Community Health and Social Care |

Apologies:

| | | |
|----------------|------|---|
| Grecy Bell | (GB) | Deputy Medical Director |
| Ian Carruthers | (IC) | Local Authority Voting Member |
| Rod Edgar | (RE) | Communication and Engagement Manager |
| Vicky Keir | (VK) | NHS Voting Member |
| David Rowland | (DR) | Director of Strategic Planning and Transformation |
| Julie Watters | (JW) | Chief Internal Auditor |

1. Apologies for Absence

Apologies were noted as above.

2. Declaration(s) of Interest

No declarations of interest were noted.

3. Minutes from Thursday 20th May 2025

These notes were not approved as an accurate record due to Quoracy, AM will formally email for approval, if not will be brought back to the next committee.

Action: AM

4. Action Plan / Rolling Agenda Matrix

All Actions were discussed and AM confirmed regarding the Strategic Decisions Workshop, this is deferred from the next IJB to be held in 2026.

5. Population Health Framework Update

VW provided an overview of a presentation she previously went through with NHS and IJB Members on 28th July 2025, which will be shared with the notes for information.

The Population Health Framework presentation, highlighted:

- The importance of addressing socioeconomic determinants of health.
- The need for a whole-system approach to prevention and early intervention.
- Alignment with national strategies and local plans.
- The significance of healthy life expectancy, especially in Dumfries and Galloway.
- Initial priorities include prevention-focused systems and healthy weight initiatives.

Discussion points included:

- The role of the IJB in influencing areas beyond its direct control (e.g., housing, education).
- Potential for strategic directions to embed prevention across systems.
- Importance of community and third sector involvement.
- Need for assurance rather than control in system-wide delivery.

VW mentioned how removing foundational social determinants destabilises the health system.

The framework aligns with national policy documents including the Service Renewal Framework, Operational Improvement Plan, and Public Service Reform. It aims to improve healthy life expectancy and reduce disparities, particularly for women in Dumfries and Galloway.

Actions underway include light-touch mapping of existing programmes, engagement with Scottish Enterprise, and plans for an elected member workshop.

The framework will also be discussed within the Community Planning Partnership, which aligns with the Local Outcome Improvement Plan.

Valerie raised the challenge of implementing preventive services amid financial pressures. She questioned whether the IJB should adopt a different approach, such as issuing strategic directions to support prevention, and suggested exploring collaboration on initiatives like the Physical Activity Strategy.

KB agreed and supported the need for coherent directions in the prevention space, referencing Audit Scotland's lack of evidence for preventive efforts.

AW highlighted the role of the Third Sector in reaching underserved populations and delivering preventive services. He advocated for assurance rather than control and stressed the importance of enabling external investment. The committee agreed on the need for bold, tangible actions and discussed the potential for a costed implementation plan to guide future decisions.

6. Dumfries and Galloway Physical Activity Strategy – A system-based approach to increasing population physical activity

LM attended and presented the Physical Activity Strategy, emphasising its critical role in improving physical, mental, and economic wellbeing. She highlighted that 74% of adults in Dumfries and Galloway do not meet muscle strengthening guidelines, posing a significant risk to the ageing population.

The strategy adopts a whole-system approach across eight subsystems, aiming to embed physical activity throughout the lifespan and across sectors. It has received support from the NHS Board and Local Authority and is pending full approval in October 2025.

Physical Activity must be seen as essential, not optional. Evidence showing a return of £13.37 for every £1 invested in Physical Activity, underscoring its value in prevention and reducing demand on health and social care services.

GN commended the strategy commitment to performance and evaluation, particularly the use of a logic model. He queried how the evaluation would be resourced, strong academic partnerships and a unified evaluation system were in place.

KB discussed the use of IJB directions to instruct the NHS and Council to support physical activity initiatives.

GM highlighted the need to challenge existing spending patterns and redirect resources from low-value interventions to preventive programmes like Active Lives, the difficulty in securing small amounts of funding for prevention compared to large expenditures on acute care.

VW suggested requesting a costed implementation plan for the strategy to provide a tangible basis for future decisions.

AW reflected on the strategic commissioning intentions and the role of the Third Sector. He advocated for a balanced approach that includes community engagement and recognises the complementary role of voluntary organisations in delivering health outcomes.

The committee agreed that a bold and specific approach is needed to ensure the strategy does not remain unimplemented. There was consensus on the value of developing a costed delivery plan and exploring opportunities to reallocate existing

resources to support physical activity as a core component of Health and Social Care in Dumfries and Galloway.

Decision (s)

Committee Members:

- **Noted the systematic and evidenced based development of actions within the strategy through the application of a system-based approach.**
- **Noted and discuss the new D&GPAS as key local delivery mechanism for the Population Health Framework**
- **Noted the commitment to develop implementation plans for actions within the strategy, co-designed with local communities and partner organisations.**
- **Approved the development of an IJB direction in collaboration with NHS Dumfries and Galloway and Dumfries and Galloway council to support implementation and delivery of the strategy.**

7. DGHSCP Participation and Engagement Activity Quarterly Report – May to July 2025

AC highlighted as a substitute for RE, This paper provides information and assurance to the Transformation and Innovation Futures Committee about significant participation and engagement activities undertaken within the period May to July 2025, and presented within the context of work which has taken place before this period.

Updated engagement activities:

- General Medical Services Review workshops are ongoing, with additional virtual sessions scheduled.
- The Participation and Engagement Network continues to grow.
- Plans to establish a Community Oversight Group to ensure diverse representation and improve engagement planning.
- Challenges remain in communicating the identity and role of the IJB to the public and within partner organisations.

Decision (s)

Committee Members:

- **Noted the information presented within the paper on participation and engagement activity**

8. Any Other Business

No AOCB was noted prior or at the meeting.

9. Date of Next Meeting

The next meeting of this Committee will be on Tuesday 25th November 2025 at 2pm via Microsoft Teams.